

A background image consisting of a dense grid of cassette tapes. Most are dark-colored, but one in the center is bright yellow. The tapes are arranged in a grid pattern, filling the entire frame. The text 'SIMON SIDDOL' is overlaid in purple at the top, and 'MUSIC MAGIC' is overlaid in yellow at the bottom.

SIMON SIDDOL

MUSIC MAGIC

1
00:00:37,590 --> 00:00:14,910

[Music]

2
00:00:43,670 --> 00:00:40,790

last off on another episode of hero

3
00:00:44,229 --> 00:00:43,680

paranormal podcast that's right coming

4
00:00:47,029 --> 00:00:44,239

to you

5
00:00:48,470 --> 00:00:47,039

live from the base of la madre mountain

6
00:00:51,430 --> 00:00:48,480

i'm ryan the original

7
00:00:53,110 --> 00:00:51,440

outlaw of the airwaves bringing you a

8
00:00:56,310 --> 00:00:53,120

vip episode of

9
00:00:59,110 --> 00:00:56,320

hero paranormal podcast

10
00:00:59,830 --> 00:00:59,120

does the music you listen to affect your

11
00:01:03,189 --> 00:00:59,840

life

12
00:01:06,950 --> 00:01:03,199

hmm does the music your kids

13
00:01:10,870 --> 00:01:06,960

listen to affect your life

14

00:01:14,390 --> 00:01:10,880

does modern music stunt us

15

00:01:18,149 --> 00:01:14,400

was the hippie culture

16

00:01:20,870 --> 00:01:18,159

a psyop music

17

00:01:21,910 --> 00:01:20,880

has more of effect on us than i think we

18

00:01:27,670 --> 00:01:21,920

even realize

19

00:01:29,910 --> 00:01:27,680

and it is a sensitive topic to discuss

20

00:01:31,510 --> 00:01:29,920

few have done the research our guest

21

00:01:35,109 --> 00:01:31,520

today has done

22

00:01:40,069 --> 00:01:35,119

simon siddal has delved

23

00:01:42,710 --> 00:01:40,079

deeply into not only realizing the power

24

00:01:44,389 --> 00:01:42,720

that playing sounds has on altering

25

00:01:47,429 --> 00:01:44,399

people's moods

26
00:01:49,350 --> 00:01:47,439
but the parallels between the way people

27
00:01:50,710 --> 00:01:49,360
treat themselves and the music they

28
00:01:53,749 --> 00:01:50,720
listen to

29
00:01:57,190 --> 00:01:53,759
well that as well as possibly

30
00:02:01,030 --> 00:01:57,200
music and drug use are there parallels

31
00:02:04,789 --> 00:02:01,040
don't fall into the mainstream rut

32
00:02:07,510 --> 00:02:04,799
there is a parallel between iq

33
00:02:08,229 --> 00:02:07,520
and the music you listen to and this

34
00:02:11,430 --> 00:02:08,239
isn't just

35
00:02:15,750 --> 00:02:11,440
bigoted information i'm spewing there's

36
00:02:19,910 --> 00:02:15,760
really interesting scientific

37
00:02:22,790 --> 00:02:19,920
research and background to all of this

38
00:02:24,790 --> 00:02:22,800

does classical music make the mind work

39

00:02:27,589 --> 00:02:24,800

in a more beautiful way

40

00:02:29,350 --> 00:02:27,599

well i don't know but back in the times

41

00:02:30,550 --> 00:02:29,360

when people were listening to classical

42

00:02:32,630 --> 00:02:30,560

music

43

00:02:33,990 --> 00:02:32,640

i can tell you that people were a lot

44

00:02:36,589 --> 00:02:34,000

more extravagant

45

00:02:38,309 --> 00:02:36,599

and colorful they seem to have

46

00:02:42,070 --> 00:02:38,319

multi-faceted

47

00:02:44,790 --> 00:02:42,080

characters they were amazing

48

00:02:46,070 --> 00:02:44,800

amazing people that we make movies about

49

00:02:49,509 --> 00:02:46,080

nowadays

50

00:02:53,190 --> 00:02:49,519

men and women both wore wigs and makeup

51
00:02:53,910 --> 00:02:53,200
and use them equally not a thing was

52
00:02:57,110 --> 00:02:53,920
thought about

53
00:03:00,630 --> 00:02:57,120
any of this and

54
00:03:02,149 --> 00:03:00,640
it's it's interesting that uh a return

55
00:03:05,589 --> 00:03:02,159
to those times might

56
00:03:09,830 --> 00:03:05,599
open our eyes a bit as to how

57
00:03:13,910 --> 00:03:13,270
it's uh modern music that really worries

58
00:03:17,350 --> 00:03:13,920
me

59
00:03:19,750 --> 00:03:17,360
basic repetitive and we should be

60
00:03:21,750 --> 00:03:19,760
careful about thinking it's just music i

61
00:03:22,790 --> 00:03:21,760
can't wait to talk to simon and i can't

62
00:03:25,910 --> 00:03:22,800
wait for you

63
00:03:26,550 --> 00:03:25,920

to hear what he has to say before we do

64

00:03:28,789 --> 00:03:26,560

though

65

00:03:30,949 --> 00:03:28,799

let me just touch base and ask if you've

66

00:03:32,550 --> 00:03:30,959

gone to heroparanormal.com

67

00:03:34,070 --> 00:03:32,560

just check it out it's a nice little

68

00:03:37,589 --> 00:03:34,080

gateway to like go to different

69

00:03:38,789 --> 00:03:37,599

other areas whether that be uh listening

70

00:03:42,710 --> 00:03:38,799

to the archive or

71

00:03:46,229 --> 00:03:42,720

a particular episode uh check it out

72

00:03:51,030 --> 00:03:46,239

and also if you have a moment

73

00:03:54,470 --> 00:03:51,040

check out spacewolfresearch.com

74

00:03:56,630 --> 00:03:54,480

it's just a science project done for fun

75

00:03:58,149 --> 00:03:56,640

in the best of intentions in the worst

76

00:04:01,350 --> 00:03:58,159

of areas and

77

00:04:03,750 --> 00:04:01,360

kind of interesting so basically

78

00:04:05,350 --> 00:04:03,760

that's all i've got to say let's get to

79

00:04:08,789 --> 00:04:05,360

it and talk to the man

80

00:04:11,910 --> 00:04:08,799

who knows much more than i could

81

00:04:12,229 --> 00:04:11,920

ever know about this simon siddell is

82

00:04:15,830 --> 00:04:12,239

not

83

00:04:19,110 --> 00:04:15,840

only a musician he is a music professor

84

00:04:21,189 --> 00:04:19,120

a researcher who is very aware

85

00:04:22,230 --> 00:04:21,199

and a wealth of knowledge of the history

86

00:04:24,629 --> 00:04:22,240

of music

87

00:04:25,670 --> 00:04:24,639

the consciousness raising techniques

88

00:04:28,629 --> 00:04:25,680

involved

89

00:04:29,830 --> 00:04:28,639

and well he has more or less set a goal

90

00:04:32,790 --> 00:04:29,840

for himself

91

00:04:33,749 --> 00:04:32,800

to show people that it's time for

92

00:04:35,749 --> 00:04:33,759

musicians and

93

00:04:37,270 --> 00:04:35,759

listeners alike to take up their

94

00:04:40,070 --> 00:04:37,280

shamanic powers and

95

00:04:41,270 --> 00:04:40,080

open their minds to the reality that

96

00:04:45,030 --> 00:04:41,280

music

97

00:04:47,990 --> 00:04:45,040

is magic and has magical qualities

98

00:04:48,790 --> 00:04:48,000

much like frequencies and the like i can

99

00:04:52,469 --> 00:04:48,800

only

100

00:04:55,749 --> 00:04:52,479

shed a candle's light on what simon

101
00:04:58,070 --> 00:04:55,759
siddal is about to blow our minds with

102
00:04:59,189 --> 00:04:58,080
the wealth of information the research

103
00:05:02,230 --> 00:04:59,199
he's done

104
00:05:04,469 --> 00:05:02,240
a music professor unlike any other here

105
00:05:06,870 --> 00:05:04,479
to show us how to empower ourselves

106
00:05:08,550 --> 00:05:06,880
live better lives help those around us

107
00:05:12,070 --> 00:05:08,560
help our kids

108
00:05:15,430 --> 00:05:12,080
and become more magically

109
00:05:17,830 --> 00:05:15,440
empowered simon siddall welcome

110
00:05:19,110 --> 00:05:17,840
to the hero paranormal podcast i'm so

111
00:05:22,230 --> 00:05:19,120
excited to talk to you

112
00:05:24,310 --> 00:05:22,240
about this amazing

113
00:05:25,749 --> 00:05:24,320

thing that you have researched uh you're

114

00:05:29,510 --> 00:05:25,759

a music teacher

115

00:05:34,230 --> 00:05:29,520

this unconscious habitual use of music

116

00:05:37,430 --> 00:05:35,990

hello thank you for having me on it's a

117

00:05:40,870 --> 00:05:37,440

pleasure to be here yeah

118

00:05:43,110 --> 00:05:40,880

it's uh trust me um it may sound strange

119

00:05:43,830 --> 00:05:43,120

to your audience but as a music teacher

120

00:05:47,830 --> 00:05:43,840

who's

121

00:05:49,430 --> 00:05:47,840

been researching altered states of mind

122

00:05:52,550 --> 00:05:49,440

and social engineering

123

00:05:55,270 --> 00:05:52,560

and conspiracy theory for years

124

00:05:59,909 --> 00:05:55,280

it was a pretty horrifying realization

125

00:06:06,309 --> 00:06:03,110

and simon how long do you think

126
00:06:07,749 --> 00:06:06,319
the powers that be or whoever it is the

127
00:06:09,749 --> 00:06:07,759
upper classes

128
00:06:13,189 --> 00:06:09,759
have realized that they have some form

129
00:06:16,309 --> 00:06:13,199
of control over this music

130
00:06:19,350 --> 00:06:16,319
well um i think that goes back millennia

131
00:06:22,550 --> 00:06:19,360
um there are you know the

132
00:06:23,670 --> 00:06:22,560
well-stated records of the uh cult of

133
00:06:27,270 --> 00:06:23,680
dionysus

134
00:06:29,270 --> 00:06:27,280
back in hellenic greece um

135
00:06:31,510 --> 00:06:29,280
whose entire kind of religious and

136
00:06:33,909 --> 00:06:31,520
magical practice was about

137
00:06:34,870 --> 00:06:33,919
being able to control the masses through

138
00:06:39,590 --> 00:06:34,880

wine women

139

00:06:43,270 --> 00:06:39,600

song the the practice of using

140

00:06:46,150 --> 00:06:43,280

music as a a societal

141

00:06:47,990 --> 00:06:46,160

guide if you like or a societal uh

142

00:06:49,830 --> 00:06:48,000

hammer and anvil if you like

143

00:06:51,430 --> 00:06:49,840

well it's recorded right back to there

144

00:06:54,950 --> 00:06:51,440

at the very least and

145

00:06:59,830 --> 00:06:54,960

my personal view is that music

146

00:07:01,990 --> 00:06:59,840

in its infancy in human civilization

147

00:07:04,469 --> 00:07:02,000

was in its first place an entirely

148

00:07:07,749 --> 00:07:04,479

shamanic enterprise it was there

149

00:07:09,830 --> 00:07:07,759

to alter people's minds now back

150

00:07:12,230 --> 00:07:09,840

a long time ago when you simply had you

151
00:07:14,950 --> 00:07:12,240
know 60 people in your stone age

152
00:07:15,589 --> 00:07:14,960
um not a village because they were they

153
00:07:17,510 --> 00:07:15,599
were

154
00:07:18,790 --> 00:07:17,520
nomads but you know 60 people in your

155
00:07:21,589 --> 00:07:18,800
family and one

156
00:07:22,710 --> 00:07:21,599
shaman who could sing songs that could

157
00:07:24,790 --> 00:07:22,720
change

158
00:07:26,230 --> 00:07:24,800
the state of your mind and the entire

159
00:07:30,070 --> 00:07:26,240
attitude of your

160
00:07:31,110 --> 00:07:30,080
your village then you knew who that

161
00:07:32,710 --> 00:07:31,120
person was

162
00:07:34,150 --> 00:07:32,720
they lived with you you had a

163
00:07:37,589 --> 00:07:34,160

relationship with them

164

00:07:40,790 --> 00:07:37,599

and in all likelihood they wished you

165

00:07:42,469 --> 00:07:40,800

the best both physically and spiritually

166

00:07:45,830 --> 00:07:42,479

and emotionally

167

00:07:47,350 --> 00:07:45,840

this is not the case anymore um music

168

00:07:50,710 --> 00:07:47,360

despite the fact that it is

169

00:07:54,230 --> 00:07:50,720

still capable of shaping people's minds

170

00:07:55,670 --> 00:07:54,240

in uh a very subtle and yet very

171

00:07:57,589 --> 00:07:55,680

complete way

172

00:07:59,510 --> 00:07:57,599

is no longer in the hands of people who

173

00:08:02,790 --> 00:07:59,520

love you or care for you

174

00:08:08,869 --> 00:08:06,150

no and it seems like these

175

00:08:10,629 --> 00:08:08,879

these the musical undertones are far

176

00:08:12,469 --> 00:08:10,639

from spiritual at least the

177

00:08:14,469 --> 00:08:12,479

the music that you hear on mainstream

178

00:08:16,869 --> 00:08:14,479

radio

179

00:08:18,150 --> 00:08:16,879

i would call it anti-life most of the

180

00:08:20,790 --> 00:08:18,160

time

181

00:08:21,510 --> 00:08:20,800

and the only reason that people do not

182

00:08:25,110 --> 00:08:21,520

uh

183

00:08:27,990 --> 00:08:25,120

balk at it as much as i i

184

00:08:29,110 --> 00:08:28,000

hope that they would to be honest the

185

00:08:34,630 --> 00:08:29,120

only reason they don't

186

00:08:38,230 --> 00:08:36,870

slope with this for a long time and that

187

00:08:40,630 --> 00:08:38,240

slope has been

188

00:08:43,990 --> 00:08:40,640

in all probability as far as i can see

189

00:08:48,630 --> 00:08:44,000

deliberately engineered for us

190

00:08:51,190 --> 00:08:48,640

oh yeah wow deliberately engineered

191

00:08:53,030 --> 00:08:51,200

that's a powerful statement and a

192

00:08:55,750 --> 00:08:53,040

powerful type of magic and this

193

00:08:57,829 --> 00:08:55,760

may be one of the most powerful types of

194

00:08:59,590 --> 00:08:57,839

magic if it's able to

195

00:09:01,750 --> 00:08:59,600

lower a human's vibration is that

196

00:09:03,190 --> 00:09:01,760

correct

197

00:09:04,949 --> 00:09:03,200

i certainly think that's one thing it

198

00:09:07,990 --> 00:09:04,959

can do yes i think

199

00:09:10,389 --> 00:09:08,000

part of its power is the fact that at

200

00:09:10,949 --> 00:09:10,399

least in our society if you if you check

201
00:09:14,389 --> 00:09:10,959
over in

202
00:09:16,550 --> 00:09:14,399
japan or

203
00:09:18,389 --> 00:09:16,560
other places you will find a completely

204
00:09:20,070 --> 00:09:18,399
different attitude towards this but in

205
00:09:22,150 --> 00:09:20,080
the west

206
00:09:23,190 --> 00:09:22,160
uh one of the things we have been

207
00:09:26,389 --> 00:09:23,200
programmed into

208
00:09:28,790 --> 00:09:26,399
is to simply seeing music as a

209
00:09:29,990 --> 00:09:28,800
harmless bit of entertainment this is

210
00:09:32,150 --> 00:09:30,000
how

211
00:09:33,829 --> 00:09:32,160
most music is presented to us nowadays

212
00:09:36,630 --> 00:09:33,839
the idea that it could be

213
00:09:37,990 --> 00:09:36,640

deep and involving art which obviously

214

00:09:41,590 --> 00:09:38,000

it can be

215

00:09:42,470 --> 00:09:41,600

is slowly being edged off the side of

216

00:09:45,590 --> 00:09:42,480

the plate

217

00:09:46,630 --> 00:09:45,600

if you like the the the amount of music

218

00:09:49,509 --> 00:09:46,640

which actually

219

00:09:50,550 --> 00:09:49,519

feeds the human soul even though there

220

00:09:52,550 --> 00:09:50,560

may be

221

00:09:54,310 --> 00:09:52,560

just as much of it being produced

222

00:09:56,150 --> 00:09:54,320

nowadays as there

223

00:09:57,350 --> 00:09:56,160

used to be that's a possibility i

224

00:09:59,910 --> 00:09:57,360

honestly don't know

225

00:10:03,829 --> 00:09:59,920

but what i do know is that it's now like

226

00:10:07,269 --> 00:10:03,839

trying to find a needle in a haystack

227

00:10:09,350 --> 00:10:07,279

um what you might call the music

228

00:10:12,870 --> 00:10:09,360

industry but what you might also call

229

00:10:16,069 --> 00:10:12,880

the machine or even some form of

230

00:10:17,590 --> 00:10:16,079

ai or some form of non-human

231

00:10:19,750 --> 00:10:17,600

intelligence

232

00:10:21,269 --> 00:10:19,760

i would lump all four of those things in

233

00:10:23,190 --> 00:10:21,279

together and not disclude any

234

00:10:26,870 --> 00:10:23,200

possibility

235

00:10:30,150 --> 00:10:26,880

that thing is producing so much

236

00:10:33,269 --> 00:10:30,160

automated plastic soulless

237

00:10:34,550 --> 00:10:33,279

music that it's becoming almost

238

00:10:37,829 --> 00:10:34,560

impossible to find

239

00:10:40,389 --> 00:10:37,839

the other sort wow

240

00:10:41,590 --> 00:10:40,399

another powerful statement simon a

241

00:10:44,870 --> 00:10:41,600

soulless music

242

00:10:47,910 --> 00:10:44,880

and it is it it really is this is

243

00:10:51,590 --> 00:10:47,920

this is and and it's what's scary

244

00:10:54,230 --> 00:10:51,600

is there is a well i guess

245

00:10:54,949 --> 00:10:54,240

kind of a if you connect the dots the

246

00:10:56,949 --> 00:10:54,959

game plan

247

00:10:58,710 --> 00:10:56,959

has been the writings on the wall this

248

00:11:01,030 --> 00:10:58,720

happened in the 60s with

249

00:11:01,750 --> 00:11:01,040

here in the united states a bit with the

250

00:11:04,230 --> 00:11:01,760

lsd

251
00:11:05,110 --> 00:11:04,240
hippie movement and mind control with

252
00:11:08,310 --> 00:11:05,120
the music

253
00:11:10,949 --> 00:11:08,320
have you looked into that as well i have

254
00:11:13,750 --> 00:11:10,959
that was actually part of

255
00:11:14,870 --> 00:11:13,760
the straw that broke the camel's back

256
00:11:18,550 --> 00:11:14,880
for me

257
00:11:23,030 --> 00:11:18,560
i had in my 30s already researched

258
00:11:26,230 --> 00:11:23,040
a lot of stuff about societal control

259
00:11:29,540 --> 00:11:26,240
from various different angles and i also

260
00:11:31,350 --> 00:11:29,550
understood that um

261
00:11:34,630 --> 00:11:31,360
[Music]

262
00:11:37,110 --> 00:11:34,640
there were various philosophies pushing

263
00:11:39,269 --> 00:11:37,120

through the lyrical and for the

264

00:11:41,350 --> 00:11:39,279

philosophical content of music

265

00:11:42,470 --> 00:11:41,360

that were vying for control of the

266

00:11:44,790 --> 00:11:42,480

population

267

00:11:46,389 --> 00:11:44,800

but it was when i discovered uh the work

268

00:11:49,910 --> 00:11:46,399

of mark devlin

269

00:11:52,310 --> 00:11:49,920

on youtube who produced um videos and a

270

00:11:55,350 --> 00:11:52,320

couple of books called musical truth

271

00:11:55,750 --> 00:11:55,360

where he presents evidence for three

272

00:11:58,470 --> 00:11:55,760

letter

273

00:11:59,269 --> 00:11:58,480

agencies you know the cia the fbi you

274

00:12:03,110 --> 00:11:59,279

name it

275

00:12:05,509 --> 00:12:03,120

um becoming fully involved in

276
00:12:07,030 --> 00:12:05,519
the music industry back in the middle of

277
00:12:10,790 --> 00:12:07,040
the 60s

278
00:12:13,910 --> 00:12:10,800
and i saw just how

279
00:12:17,350 --> 00:12:13,920
easy it was with their money

280
00:12:20,550 --> 00:12:17,360
and their connections and their

281
00:12:22,629 --> 00:12:20,560
psychological insight to simply just

282
00:12:23,670 --> 00:12:22,639
walk into a scene and take it over

283
00:12:25,910 --> 00:12:23,680
entirely

284
00:12:27,670 --> 00:12:25,920
because i think um part of what mark

285
00:12:28,389 --> 00:12:27,680
devlin talks about is the idea that the

286
00:12:30,870 --> 00:12:28,399
original

287
00:12:31,750 --> 00:12:30,880
hippie movement before the cia got

288
00:12:34,230 --> 00:12:31,760

involved

289

00:12:37,030 --> 00:12:34,240
was actually predominantly a a

290

00:12:40,470 --> 00:12:37,040
passionately anti-war movement with

291

00:12:42,629 --> 00:12:40,480
strong political drives inside it and

292

00:12:43,670 --> 00:12:42,639
they decided that that was too dangerous

293

00:12:46,710 --> 00:12:43,680
the thing in the us

294

00:12:47,990 --> 00:12:46,720
and that they were going to take um an

295

00:12:50,710 --> 00:12:48,000
element of what was at the

296

00:12:52,550 --> 00:12:50,720
the the side of it at the time of the

297

00:12:53,750 --> 00:12:52,560
edges of that movement at the time which

298

00:12:57,990 --> 00:12:53,760
was

299

00:13:00,389 --> 00:12:58,000
uh you know californian nudism and

300

00:13:01,829 --> 00:13:00,399
rolling in mud and smoking so much dope

301
00:13:03,110 --> 00:13:01,839
that you're completely incoherent they

302
00:13:05,190 --> 00:13:03,120
took that little bit

303
00:13:07,590 --> 00:13:05,200
of what was going on at the side of it

304
00:13:09,269 --> 00:13:07,600
and decided to amplify it out of all

305
00:13:10,230 --> 00:13:09,279
proportion until it took over the

306
00:13:13,190 --> 00:13:10,240
movement

307
00:13:14,629 --> 00:13:13,200
at which point because everybody was so

308
00:13:16,389 --> 00:13:14,639
spaced out

309
00:13:17,910 --> 00:13:16,399
it was actually quite easy to start

310
00:13:19,829 --> 00:13:17,920
injecting all sorts of other

311
00:13:21,750 --> 00:13:19,839
nefarious things into that movement by

312
00:13:24,629 --> 00:13:21,760
introducing new bands

313
00:13:25,190 --> 00:13:24,639

so yeah it was when i discovered all of

314

00:13:27,910 --> 00:13:25,200

this

315

00:13:28,870 --> 00:13:27,920

through mark devlin's work that i began

316

00:13:33,269 --> 00:13:28,880

to

317

00:13:37,670 --> 00:13:33,279

it have only started in the middle

318

00:13:39,910 --> 00:13:37,680

60s the the the recording

319

00:13:41,189 --> 00:13:39,920

industry has been in existence since the

320

00:13:44,389 --> 00:13:41,199

1920s

321

00:13:46,790 --> 00:13:44,399

at least um

322

00:13:49,030 --> 00:13:46,800

and i fully well know that you know

323

00:13:49,990 --> 00:13:49,040

secret societies especially ones that

324

00:13:54,150 --> 00:13:50,000

control

325

00:13:56,470 --> 00:13:54,160

um that our civilization's

326

00:13:57,829 --> 00:13:56,480

attitudes and philosophies and even our

327

00:14:01,350 --> 00:13:57,839

art movements and such

328

00:14:04,310 --> 00:14:01,360

such like uh were fully functional and

329

00:14:05,350 --> 00:14:04,320

and fully manned in the 1920s i thought

330

00:14:10,069 --> 00:14:05,360

well

331

00:14:13,590 --> 00:14:10,079

the last few years i've been trying to

332

00:14:16,949 --> 00:14:13,600

trace it back through time which is

333

00:14:19,350 --> 00:14:16,959

a very difficult thing to do um if not

334

00:14:22,870 --> 00:14:19,360

only because

335

00:14:24,560 --> 00:14:22,880

nobody talks about it on these terms

336

00:14:26,310 --> 00:14:24,570

you can see the um

337

00:14:28,629 --> 00:14:26,320

[Music]

338

00:14:30,150 --> 00:14:28,639

the effects of it you can see the the

339

00:14:31,910 --> 00:14:30,160

symptoms of it sometimes

340

00:14:33,350 --> 00:14:31,920

going on but to actually see the

341

00:14:35,670 --> 00:14:33,360

workings in the background

342

00:14:37,670 --> 00:14:35,680

well they're not really recorded or at

343

00:14:39,829 --> 00:14:37,680

least i've never encountered them yet so

344

00:14:42,790 --> 00:14:39,839

i'm working from

345

00:14:43,509 --> 00:14:42,800

yes i admitted supposition i'm working

346

00:14:50,310 --> 00:14:43,519

from

347

00:14:51,030 --> 00:14:50,320

the simple question qui bono who

348

00:14:54,870 --> 00:14:51,040

actually

349

00:14:57,269 --> 00:14:54,880

benefits from the trend

350

00:14:59,110 --> 00:14:57,279

that music is taking the trend towards

351
00:15:02,790 --> 00:14:59,120
the inane

352
00:15:06,470 --> 00:15:02,800
the profane the anti-life

353
00:15:08,310 --> 00:15:06,480
but it's you know we felt this 20 years

354
00:15:11,590 --> 00:15:08,320
ago and people were sort of

355
00:15:13,509 --> 00:15:11,600
dodgy about getting

356
00:15:15,110 --> 00:15:13,519
militant about saying such a thing you

357
00:15:16,949 --> 00:15:15,120
know because so many people would say

358
00:15:18,870 --> 00:15:16,959
you're just getting old granddad you

359
00:15:20,470 --> 00:15:18,880
just got hack modern pop music kind of

360
00:15:22,310 --> 00:15:20,480
thing

361
00:15:23,590 --> 00:15:22,320
i think that's changed now i think most

362
00:15:24,069 --> 00:15:23,600
people are looking at each other and

363
00:15:26,310 --> 00:15:24,079

going

364

00:15:27,430 --> 00:15:26,320

yeah there's demons on the radio isn't

365

00:15:31,189 --> 00:15:27,440

that

366

00:15:33,030 --> 00:15:31,199

what's going on and

367

00:15:34,230 --> 00:15:33,040

it's time that we actually did something

368

00:15:37,269 --> 00:15:34,240

with this it's time

369

00:15:39,910 --> 00:15:37,279

that both musicians especially

370

00:15:41,590 --> 00:15:39,920

the musicians who have been wrapped up

371

00:15:45,509 --> 00:15:41,600

into the industry

372

00:15:47,350 --> 00:15:45,519

both just in work in the aspect of work

373

00:15:49,509 --> 00:15:47,360

but also just in the aspect of their

374

00:15:52,550 --> 00:15:49,519

philosophy of how they produce music

375

00:15:55,749 --> 00:15:52,560

and why they produce music

376

00:15:59,189 --> 00:15:55,759

and also audiences have to

377

00:16:00,629 --> 00:15:59,199

examine what they're doing

378

00:16:02,870 --> 00:16:00,639

what they are producing what they are

379

00:16:06,629 --> 00:16:02,880

consuming and why

380

00:16:08,230 --> 00:16:06,639

if not uh if only for the reason that

381

00:16:09,749 --> 00:16:08,240

we have to understand that the

382

00:16:13,749 --> 00:16:09,759

possibility for poison

383

00:16:17,110 --> 00:16:13,759

inside that diet of music

384

00:16:20,829 --> 00:16:17,120

is considerably greater than we've

385

00:16:22,629 --> 00:16:20,839

uh been comfortable to believe if you

386

00:16:25,749 --> 00:16:22,639

like yes

387

00:16:28,629 --> 00:16:25,759

and it's it's really scary this

388

00:16:29,749 --> 00:16:28,639

this power uh involved with the music

389

00:16:33,189 --> 00:16:29,759

and not not falling

390

00:16:34,069 --> 00:16:33,199

into the the rut of listening to the

391

00:16:36,069 --> 00:16:34,079

mainstream

392

00:16:37,990 --> 00:16:36,079

because it seems that the parallels

393

00:16:38,629 --> 00:16:38,000

between what people listen to and the

394

00:16:41,990 --> 00:16:38,639

way they

395

00:16:42,470 --> 00:16:42,000

treat themselves are there they are

396

00:16:45,670 --> 00:16:42,480

indeed

397

00:16:48,790 --> 00:16:45,680

i i um in my teaching i make

398

00:16:50,389 --> 00:16:48,800

two comparisons with music consumption

399

00:16:53,670 --> 00:16:50,399

one of them is

400

00:16:56,550 --> 00:16:53,680

a comparison to the way people use

401
00:16:58,069 --> 00:16:56,560
self-administered street drugs or even

402
00:17:00,629 --> 00:16:58,079
um

403
00:17:02,310 --> 00:17:00,639
doctors prescribed drugs in order to

404
00:17:05,429 --> 00:17:02,320
modulate their

405
00:17:07,110 --> 00:17:05,439
emotional and psychic state and the

406
00:17:11,110 --> 00:17:07,120
other illusion i like to make is

407
00:17:14,549 --> 00:17:11,120
between uh people's taste in music

408
00:17:17,590 --> 00:17:14,559
and people's taste in food and

409
00:17:18,789 --> 00:17:17,600
an understanding that there is nutrition

410
00:17:21,270 --> 00:17:18,799
involved

411
00:17:22,710 --> 00:17:21,280
so that you know you could have a an

412
00:17:26,069 --> 00:17:22,720
endearing love

413
00:17:30,390 --> 00:17:26,079

for sugar frosted doughnuts why not

414

00:17:32,950 --> 00:17:30,400

but if you let that infantile

415

00:17:33,510 --> 00:17:32,960

taste for little else but salt sugar and

416

00:17:35,990 --> 00:17:33,520

fat

417

00:17:37,750 --> 00:17:36,000

actually rule your adult choices you'll

418

00:17:41,190 --> 00:17:37,760

make yourself very ill

419

00:17:44,150 --> 00:17:41,200

and i like to make i've i started making

420

00:17:46,230 --> 00:17:44,160

comparisons between this argument and

421

00:17:48,310 --> 00:17:46,240

your um

422

00:17:49,430 --> 00:17:48,320

your consumption of music a couple of

423

00:17:53,110 --> 00:17:49,440

years back and

424

00:17:55,590 --> 00:17:53,120

i've still not come to the bottom of

425

00:17:58,549 --> 00:17:55,600

the number of different aspects of this

426

00:18:01,830 --> 00:17:58,559

comparison that ring true

427

00:18:05,830 --> 00:18:01,840

we have to learn how to give ourselves

428

00:18:09,909 --> 00:18:05,840

a healthy diet wow

429

00:18:11,510 --> 00:18:09,919

yeah i honestly i sadly have to

430

00:18:13,350 --> 00:18:11,520

be honest and say that you know my

431

00:18:14,070 --> 00:18:13,360

choice in music especially when i was an

432

00:18:17,669 --> 00:18:14,080

adolescent

433

00:18:22,310 --> 00:18:17,679

was not top shelf menu it was

434

00:18:24,070 --> 00:18:22,320

lower yeah it was not the good stuff

435

00:18:26,070 --> 00:18:24,080

but as i've gotten older like you said

436

00:18:29,190 --> 00:18:26,080

that grandfather effect has

437

00:18:31,350 --> 00:18:29,200

pulled in and i've noticed i'm listening

438

00:18:31,990 --> 00:18:31,360

to a lot more classical music most of

439

00:18:35,270 --> 00:18:32,000

the time

440

00:18:38,950 --> 00:18:35,280

and it really does affect your mood

441

00:18:40,789 --> 00:18:38,960

yes i i

442

00:18:42,630 --> 00:18:40,799

there is a subtle and complex thing that

443

00:18:46,310 --> 00:18:42,640

goes on with music and people's

444

00:18:48,230 --> 00:18:46,320

choosing of music people rarely realize

445

00:18:49,909 --> 00:18:48,240

that or at least at least they may

446

00:18:51,909 --> 00:18:49,919

realize that they don't become

447

00:18:54,070 --> 00:18:51,919

fully conscious fully cognized and

448

00:18:57,110 --> 00:18:54,080

therefore able to

449

00:18:59,510 --> 00:18:57,120

use that knowledge for to to to to

450

00:19:00,470 --> 00:18:59,520

finesse what they're doing they do not

451
00:19:02,630 --> 00:19:00,480
understand

452
00:19:04,390 --> 00:19:02,640
why they choose the pieces of music that

453
00:19:04,950 --> 00:19:04,400
they enjoy listening to a lot of the

454
00:19:09,110 --> 00:19:04,960
time

455
00:19:11,830 --> 00:19:09,120
it's a semi or subconscious

456
00:19:13,270 --> 00:19:11,840
process of choice uh sometimes you can

457
00:19:14,870 --> 00:19:13,280
even feel like you do want to listen to

458
00:19:16,230 --> 00:19:14,880
one kind of piece of music you put it on

459
00:19:17,830 --> 00:19:16,240
for 15 seconds you go

460
00:19:19,430 --> 00:19:17,840
no i don't want that at all and you

461
00:19:21,190 --> 00:19:19,440
suddenly find something else that

462
00:19:23,110 --> 00:19:21,200
you weren't thinking of but then your

463
00:19:24,630 --> 00:19:23,120

heart and your gut says yeah that's what

464

00:19:26,310 --> 00:19:24,640

i want to hear right now

465

00:19:27,990 --> 00:19:26,320

so there's a demonstration of the fact

466

00:19:31,990 --> 00:19:28,000

that it's rarely

467

00:19:34,310 --> 00:19:32,000

our the the the front the the youngest

468

00:19:37,350 --> 00:19:34,320

bit of our prefrontal cortex

469

00:19:38,789 --> 00:19:37,360

our most rational mind that's actually

470

00:19:42,390 --> 00:19:38,799

making our choices

471

00:19:45,350 --> 00:19:42,400

about music it's something deeper and

472

00:19:47,909 --> 00:19:45,360

one of the reasons this is is because

473

00:19:51,190 --> 00:19:47,919

one of the powers of music in its

474

00:19:54,310 --> 00:19:51,200

in a fairly simple form is its power

475

00:19:56,630 --> 00:19:54,320

to impart into us

476
00:19:57,350 --> 00:19:56,640
an emotion that we were finding

477
00:20:00,390 --> 00:19:57,360
difficult

478
00:20:01,830 --> 00:20:00,400
to access for ourselves so this is

479
00:20:03,350 --> 00:20:01,840
actually quite possible to do with just

480
00:20:06,149 --> 00:20:03,360
a three minute pop song

481
00:20:07,190 --> 00:20:06,159
um to give it its most obvious form if

482
00:20:10,230 --> 00:20:07,200
you're

483
00:20:13,110 --> 00:20:10,240
simply feeling a bit run down

484
00:20:14,630 --> 00:20:13,120
a bit tired a bit stiff a bit sat in

485
00:20:16,710 --> 00:20:14,640
your chair for too long

486
00:20:18,149 --> 00:20:16,720
putting a really rowdy piece of pop

487
00:20:21,750 --> 00:20:18,159
music on

488
00:20:23,909 --> 00:20:21,760

will um poke your nervous system

489

00:20:25,350 --> 00:20:23,919

into remembering what it's like to be in

490

00:20:27,270 --> 00:20:25,360

a high energy state

491

00:20:29,110 --> 00:20:27,280

and you'll find it easier to get back up

492

00:20:31,430 --> 00:20:29,120

there that

493

00:20:34,149 --> 00:20:31,440

that's obvious to everybody i suppose

494

00:20:37,270 --> 00:20:34,159

but it's not just that sense of

495

00:20:39,270 --> 00:20:37,280

um physical exhaustion that you can

496

00:20:41,750 --> 00:20:39,280

solve with a piece of music

497

00:20:42,789 --> 00:20:41,760

there are dozens of emotional states

498

00:20:45,190 --> 00:20:42,799

that you can

499

00:20:46,630 --> 00:20:45,200

choose to move to a different place with

500

00:20:49,110 --> 00:20:46,640

what i refer to as a

501
00:20:50,870 --> 00:20:49,120
mono-emotional song a song that only

502
00:20:52,230 --> 00:20:50,880
sticks in one emotion and just sits

503
00:20:54,710 --> 00:20:52,240
there until everybody

504
00:20:57,590 --> 00:20:54,720
listening to it has vibed with it and

505
00:21:00,549 --> 00:20:57,600
come into that emotional state

506
00:21:01,830 --> 00:21:00,559
the trouble with using this music is

507
00:21:05,350 --> 00:21:01,840
this kind of music

508
00:21:06,390 --> 00:21:05,360
is that if we exclusively use that kind

509
00:21:09,430 --> 00:21:06,400
of music

510
00:21:11,590 --> 00:21:09,440
or very very regular to the exclusion of

511
00:21:15,029 --> 00:21:11,600
almost all else use that kind of music

512
00:21:16,390 --> 00:21:15,039
and we rely on it to alter our emotional

513
00:21:18,070 --> 00:21:16,400

state

514

00:21:19,430 --> 00:21:18,080

well then what's the difference between

515

00:21:21,430 --> 00:21:19,440

that and trying to cheer yourself up

516

00:21:24,230 --> 00:21:21,440

with a line of cocaine

517

00:21:24,789 --> 00:21:24,240

it's not much different the only

518

00:21:27,990 --> 00:21:24,799

difference

519

00:21:30,149 --> 00:21:28,000

is that we don't

520

00:21:32,310 --> 00:21:30,159

take music seriously enough to think

521

00:21:35,830 --> 00:21:32,320

that it can become

522

00:21:38,870 --> 00:21:35,840

such a uh an addicting uh

523

00:21:41,990 --> 00:21:38,880

thing that we need to rely on just to

524

00:21:45,190 --> 00:21:42,000

modulate ourselves and remain in balance

525

00:21:45,590 --> 00:21:45,200

wow yeah we don't take it seriously at

526
00:21:47,830 --> 00:21:45,600
all

527
00:21:50,230 --> 00:21:47,840
and i mean we use this to put our

528
00:21:53,270 --> 00:21:50,240
children to sleep with lullabies

529
00:21:54,870 --> 00:21:53,280
and there's an element of magic now

530
00:21:56,710 --> 00:21:54,880
inside of it and i'm glad you mentioned

531
00:21:59,990 --> 00:21:56,720
the secret societies that

532
00:22:00,789 --> 00:22:00,000
might be using this to alter people's

533
00:22:01,990 --> 00:22:00,799
minds

534
00:22:04,390 --> 00:22:02,000
and they're using music as a

535
00:22:07,190 --> 00:22:04,400
mind-altering technology now

536
00:22:07,990 --> 00:22:07,200
it's been mentioned that capital records

537
00:22:11,190 --> 00:22:08,000
there's many

538
00:22:13,110 --> 00:22:11,200

rumors of different record companies

539

00:22:14,950 --> 00:22:13,120

both here and in the uk

540

00:22:17,110 --> 00:22:14,960

and i'm sure you've been i don't want to

541

00:22:17,750 --> 00:22:17,120

name names but the bowl skin house comes

542

00:22:21,270 --> 00:22:17,760

to mind

543

00:22:24,830 --> 00:22:21,280

and aleister crowley's old place of er

544

00:22:26,789 --> 00:22:24,840

and led zeppelin is there any truth to

545

00:22:29,990 --> 00:22:26,799

this

546

00:22:31,430 --> 00:22:30,000

um i have heard stories and i'm quite

547

00:22:37,190 --> 00:22:31,440

happy to believe them

548

00:22:43,029 --> 00:22:40,070

in some of the the mainstream recording

549

00:22:46,789 --> 00:22:43,039

studios but when they have finally made

550

00:22:50,149 --> 00:22:46,799

a master of an lp or a song

551
00:22:51,190 --> 00:22:50,159
they take it in it's in a in a physical

552
00:22:53,830 --> 00:22:51,200
form like a

553
00:22:54,470 --> 00:22:53,840
a cd or a hard disk or something they

554
00:22:57,909 --> 00:22:54,480
take it

555
00:23:01,270 --> 00:22:57,919
to a room that is uh kept

556
00:23:04,950 --> 00:23:01,280
aside for doing magical ceremonies

557
00:23:08,070 --> 00:23:04,960
and that they actually cast a full

558
00:23:11,270 --> 00:23:08,080
blown spell on this master

559
00:23:13,110 --> 00:23:11,280
before it is taken to the uh

560
00:23:14,549 --> 00:23:13,120
the the reproduction and distribution

561
00:23:15,909 --> 00:23:14,559
plan to be turned into millions of

562
00:23:18,789 --> 00:23:15,919
copies or something

563
00:23:19,830 --> 00:23:18,799

now whether you have any belief that

564

00:23:21,990 --> 00:23:19,840

somehow

565

00:23:23,830 --> 00:23:22,000

you know noughts and wands in a digital

566

00:23:25,590 --> 00:23:23,840

recording of something can get affected

567

00:23:28,390 --> 00:23:25,600

by such a thing

568

00:23:30,070 --> 00:23:28,400

that's that's very hard to reach and to

569

00:23:31,110 --> 00:23:30,080

understand for a lot of people and fair

570

00:23:34,789 --> 00:23:31,120

enough

571

00:23:38,390 --> 00:23:34,799

but you have to at least understand the

572

00:23:41,110 --> 00:23:38,400

uh recording studios recording companies

573

00:23:41,750 --> 00:23:41,120

and music companies are not in the

574

00:23:44,870 --> 00:23:41,760

business

575

00:23:46,230 --> 00:23:44,880

of wasting time and money while they're

576
00:23:50,230 --> 00:23:46,240
trying to

577
00:23:53,830 --> 00:23:50,240
rinse drive musicians and audiences

578
00:23:58,950 --> 00:23:53,840
to make a book so why would they

579
00:24:03,990 --> 00:24:02,549
a master of a yeah man i totally

580
00:24:07,029 --> 00:24:04,000
understand i get it

581
00:24:10,149 --> 00:24:07,039
before they take it distribution and yet

582
00:24:12,870 --> 00:24:10,159
they do uh

583
00:24:14,310 --> 00:24:12,880
yeah so known about it and they've

584
00:24:17,750 --> 00:24:14,320
always preferred that we

585
00:24:20,950 --> 00:24:17,760
don't know about it that's

586
00:24:23,430 --> 00:24:20,960
what makes music such a

587
00:24:24,390 --> 00:24:23,440
dangerously powerful thing in our

588
00:24:28,549 --> 00:24:24,400

culture

589

00:24:31,990 --> 00:24:28,559

around the world because we have

590

00:24:36,149 --> 00:24:32,000

been conditioned into

591

00:24:39,269 --> 00:24:36,159

uh not believing that music

592

00:24:42,230 --> 00:24:39,279

can have these powerful effects

593

00:24:43,350 --> 00:24:42,240

because we are so unguarded about its

594

00:24:47,669 --> 00:24:43,360

capacity

595

00:24:51,190 --> 00:24:47,679

to change us it has free reign over us

596

00:24:54,149 --> 00:24:51,200

amazing yeah you

597

00:24:55,830 --> 00:24:54,159

you can hear a song and it is a song can

598

00:24:57,350 --> 00:24:55,840

take you to moments it's like it's

599

00:24:58,549 --> 00:24:57,360

almost like a time machine it can take

600

00:25:01,190 --> 00:24:58,559

you to

601
00:25:02,149 --> 00:25:01,200
emotions that you didn't expect uh it

602
00:25:05,909 --> 00:25:02,159
can take you to

603
00:25:08,310 --> 00:25:05,919
uh places that are hard to explain and

604
00:25:10,549 --> 00:25:08,320
yet you know we i guess the trouble with

605
00:25:13,430 --> 00:25:10,559
this is

606
00:25:13,990 --> 00:25:13,440
as we watch the youth you know that

607
00:25:16,789 --> 00:25:14,000
they're listening

608
00:25:17,350 --> 00:25:16,799
to nursery songs at three and then they

609
00:25:19,750 --> 00:25:17,360
move on

610
00:25:23,669 --> 00:25:19,760
to other things what do we need to watch

611
00:25:28,149 --> 00:25:25,990
if you're so if you're asking about what

612
00:25:31,510 --> 00:25:28,159
can a parent do to help a child

613
00:25:35,269 --> 00:25:31,520

actually grow up without being

614

00:25:39,110 --> 00:25:35,279

psychically molested by this magic it's

615

00:25:40,870 --> 00:25:39,120

it's a tricky thing um first of all that

616

00:25:44,230 --> 00:25:40,880

parent has to be

617

00:25:46,870 --> 00:25:44,240

self-aware uh aware of what music

618

00:25:47,750 --> 00:25:46,880

does to themselves so that they can be

619

00:25:49,750 --> 00:25:47,760

conversant

620

00:25:51,750 --> 00:25:49,760

about that with their children and pass

621

00:25:53,029 --> 00:25:51,760

on that skill and that knowledge to

622

00:25:56,390 --> 00:25:53,039

their children

623

00:25:59,269 --> 00:25:56,400

um and that can take time um

624

00:25:59,750 --> 00:25:59,279

that is actually something that i am

625

00:26:02,149 --> 00:25:59,760

well i

626

00:26:03,269 --> 00:26:02,159

i have written a course to do that for

627

00:26:05,669 --> 00:26:03,279

music lovers to

628

00:26:06,390 --> 00:26:05,679

heighten their sensitivity to the

629

00:26:09,190 --> 00:26:06,400

emotional

630

00:26:11,110 --> 00:26:09,200

and psychic effects of music um i wrote

631

00:26:14,950 --> 00:26:11,120

it as a book originally and i've read

632

00:26:17,669 --> 00:26:14,960

i've decided to to rejig it into a uh

633

00:26:19,669 --> 00:26:17,679

a more interactive internet course which

634

00:26:21,190 --> 00:26:19,679

i'm in the in the process of making at

635

00:26:22,310 --> 00:26:21,200

the moment so that will be available

636

00:26:25,590 --> 00:26:22,320

soon for people

637

00:26:28,470 --> 00:26:25,600

but to cut it down to really simple

638

00:26:32,149 --> 00:26:30,549

before you ever need to get that complex

639

00:26:35,350 --> 00:26:32,159

with it

640

00:26:38,070 --> 00:26:35,360

consider what are you letting your child

641

00:26:39,990 --> 00:26:38,080

actually listen to if if what you're

642

00:26:43,830 --> 00:26:40,000

letting your child listen to

643

00:26:47,029 --> 00:26:43,840

is music that uh

644

00:26:49,029 --> 00:26:47,039

you can see by its presentation by

645

00:26:50,950 --> 00:26:49,039

uh the channels through which it's come

646

00:26:54,149 --> 00:26:50,960

through by

647

00:26:54,950 --> 00:26:54,159

uh the attitudes within it that it is

648

00:26:58,070 --> 00:26:54,960

music

649

00:27:01,590 --> 00:26:58,080

simply there to cause a buzz

650

00:27:03,830 --> 00:27:01,600

or to cause offense or to

651
00:27:06,549 --> 00:27:03,840
do nothing but make people want to dance

652
00:27:10,070 --> 00:27:06,559
and scream and jump about

653
00:27:10,950 --> 00:27:10,080
anything which is there for the simplest

654
00:27:13,350 --> 00:27:10,960
hit in music

655
00:27:15,350 --> 00:27:13,360
the sugar and the salt and the fat and

656
00:27:16,710 --> 00:27:15,360
nothing else

657
00:27:19,750 --> 00:27:16,720
while you're looking at or you're

658
00:27:22,230 --> 00:27:19,760
hearing music there that is made

659
00:27:23,190 --> 00:27:22,240
just to make a book and the chances of

660
00:27:27,029 --> 00:27:23,200
it having

661
00:27:28,789 --> 00:27:27,039
a lot of pro-life pro-consciousness

662
00:27:33,510 --> 00:27:28,799
pro-human

663
00:27:35,909 --> 00:27:33,520

attributes inside it is fairly damn low

664

00:27:36,630 --> 00:27:35,919

in order to find music that is actually

665

00:27:39,830 --> 00:27:36,640

going to

666

00:27:42,870 --> 00:27:39,840

help your child grow and become

667

00:27:44,230 --> 00:27:42,880

psychically strong i would suggest that

668

00:27:47,590 --> 00:27:44,240

you go looking for

669

00:27:49,909 --> 00:27:47,600

music that a makes you feel good

670

00:27:52,789 --> 00:27:49,919

makes you feel clever makes you feel

671

00:28:00,310 --> 00:27:55,990

and also music that you can see by

672

00:28:03,830 --> 00:28:00,320

its uh it's placing and time in history

673

00:28:07,269 --> 00:28:03,840

and in space that it was written

674

00:28:11,909 --> 00:28:07,279

by somebody who was trying to write art

675

00:28:19,430 --> 00:28:16,870

and while i am a musician speak to music

676
00:28:20,870 --> 00:28:19,440
who can obviously see those things i

677
00:28:22,549 --> 00:28:20,880
don't think it's too difficult for any

678
00:28:25,269 --> 00:28:22,559
person to do a little bit of research

679
00:28:26,310 --> 00:28:25,279
into musicians and see whether they were

680
00:28:29,110 --> 00:28:26,320
people who were just

681
00:28:30,710 --> 00:28:29,120
in it for the fame and the money or that

682
00:28:33,110 --> 00:28:30,720
they were people who were really

683
00:28:36,950 --> 00:28:33,120
deeply involved in music because by the

684
00:28:39,029 --> 00:28:36,960
time anybody is deeply involved in music

685
00:28:40,149 --> 00:28:39,039
even if they are wrapped up in the music

686
00:28:42,389 --> 00:28:40,159
industry it's

687
00:28:44,389 --> 00:28:42,399
hard for the music industry to strip

688
00:28:47,110 --> 00:28:44,399

that music back down to something which

689

00:28:51,669 --> 00:28:47,120

becomes inhuman again

690

00:28:54,630 --> 00:28:51,679

use your instinct wow

691

00:28:56,310 --> 00:28:54,640

makes perfect sense and you know my i

692

00:28:58,870 --> 00:28:56,320

noticed that my two-year-old daughter

693

00:29:00,870 --> 00:28:58,880

after watching disney for

694

00:29:02,230 --> 00:29:00,880

20 minutes she'll jump up and down like

695

00:29:04,470 --> 00:29:02,240

she just had sugar so

696

00:29:06,389 --> 00:29:04,480

it's a very interesting explanation but

697

00:29:08,230 --> 00:29:06,399

so true

698

00:29:09,590 --> 00:29:08,240

yeah you have to be very this is the

699

00:29:10,549 --> 00:29:09,600

thing you have to be very careful not

700

00:29:12,230 --> 00:29:10,559

just with

701
00:29:13,990 --> 00:29:12,240
you know letting your child go on

702
00:29:16,950 --> 00:29:14,000
youtube and download uh

703
00:29:18,789 --> 00:29:16,960
music videos or something like that but

704
00:29:20,630 --> 00:29:18,799
that kind of commercial music is

705
00:29:22,630 --> 00:29:20,640
everywhere now isn't it as soon as we

706
00:29:26,149 --> 00:29:22,640
switch on a screen or we walk into a

707
00:29:28,310 --> 00:29:26,159
shop or a mall or anything there is that

708
00:29:31,190 --> 00:29:28,320
kind of music playing

709
00:29:32,630 --> 00:29:31,200
so yes it's very difficult to be looking

710
00:29:34,950 --> 00:29:32,640
over your child's shoulder the whole

711
00:29:38,870 --> 00:29:34,960
time while that's going on

712
00:29:39,590 --> 00:29:38,880
one thing you can do straight away with

713
00:29:41,590 --> 00:29:39,600

children and

714

00:29:43,590 --> 00:29:41,600

it's a great thing to do regardless of

715

00:29:46,630 --> 00:29:43,600

whether it's about music or not

716

00:29:51,350 --> 00:29:46,640

simply help your child

717

00:29:53,590 --> 00:29:51,360

become conversant become aware

718

00:29:54,630 --> 00:29:53,600

of what their experience of music has

719

00:29:57,430 --> 00:29:54,640

just done for them

720

00:29:59,269 --> 00:29:57,440

so when you see your daughter running

721

00:30:02,549 --> 00:29:59,279

around

722

00:30:05,190 --> 00:30:02,559

uh like a firework screaming

723

00:30:05,590 --> 00:30:05,200

after listening to 20 minutes of disney

724

00:30:07,990 --> 00:30:05,600

then

725

00:30:09,590 --> 00:30:08,000

just say to her do you realize that it

726
00:30:10,630 --> 00:30:09,600
was the disney songs that did that to

727
00:30:13,750 --> 00:30:10,640
you

728
00:30:14,389 --> 00:30:13,760
fun being in this place or is it

729
00:30:15,909 --> 00:30:14,399
exhausting

730
00:30:17,909 --> 00:30:15,919
and just let her actually think about it

731
00:30:20,310 --> 00:30:17,919
for a moment the more

732
00:30:21,430 --> 00:30:20,320
we can help everybody not just our

733
00:30:25,029 --> 00:30:21,440
children

734
00:30:27,669 --> 00:30:25,039
the more we can help everybody become

735
00:30:29,830 --> 00:30:27,679
a little bit more aware of what is going

736
00:30:31,269 --> 00:30:29,840
on those two or three layers down from

737
00:30:34,149 --> 00:30:31,279
our conscious mind when we

738
00:30:36,070 --> 00:30:34,159

imbibe music and to just stop for a

739

00:30:37,430 --> 00:30:36,080

second and observe ourselves and go well

740

00:30:39,350 --> 00:30:37,440

what did it do then

741

00:30:40,710 --> 00:30:39,360

rather than just ah that's good i got

742

00:30:43,350 --> 00:30:40,720

that music hit but

743

00:30:44,310 --> 00:30:43,360

what was it what has changed oh that's

744

00:30:47,750 --> 00:30:44,320

curious

745

00:30:50,310 --> 00:30:47,760

as soon as we begin to think like that

746

00:30:51,190 --> 00:30:50,320

it becomes something much more

747

00:30:55,350 --> 00:30:51,200

handleable

748

00:30:57,350 --> 00:30:55,360

much more uh in our awareness

749

00:31:00,470 --> 00:30:57,360

it's the reason it's so tricky is

750

00:31:03,509 --> 00:31:00,480

because especially in the west we are so

751

00:31:05,110 --> 00:31:03,519

um driven into uh

752

00:31:06,789 --> 00:31:05,120

dealing with our thoughts through our

753

00:31:09,750 --> 00:31:06,799

visual cortex

754

00:31:11,590 --> 00:31:09,760

so it's very easy to to understand that

755

00:31:14,149 --> 00:31:11,600

if you show a child

756

00:31:15,990 --> 00:31:14,159

uh pictures with insanely bright colors

757

00:31:17,269 --> 00:31:16,000

in them and all sorts of jagged angles

758

00:31:19,830 --> 00:31:17,279

inside the pictures

759

00:31:21,590 --> 00:31:19,840

then they will become over stimulated

760

00:31:24,470 --> 00:31:21,600

it's easy to understand if you see

761

00:31:26,130 --> 00:31:24,480

pictures of horrifying things that it's

762

00:31:28,070 --> 00:31:26,140

going to upset a child

763

00:31:31,590 --> 00:31:28,080

[Music]

764

00:31:33,029 --> 00:31:31,600

it's not difficult to extend that kind

765

00:31:36,710 --> 00:31:33,039

of awareness

766

00:31:39,669 --> 00:31:36,720

through to any kind of music

767

00:31:40,070 --> 00:31:39,679

you just have to understand that music

768

00:31:43,029 --> 00:31:40,080

does

769

00:31:44,070 --> 00:31:43,039

have just as much of an immediate power

770

00:31:48,630 --> 00:31:44,080

on that level

771

00:31:53,909 --> 00:31:51,909

and it's it's very interesting that

772

00:31:55,669 --> 00:31:53,919

yeah everybody kind of knows what you're

773

00:31:57,909 --> 00:31:55,679

talking about when you say

774

00:31:59,669 --> 00:31:57,919

i mean music no you you can tell

775

00:32:00,630 --> 00:31:59,679

immediately what genre you're listening

776

00:32:04,789 --> 00:32:00,640

to

777

00:32:08,230 --> 00:32:04,799

went from

778

00:32:11,269 --> 00:32:08,240

reggae to rap

779

00:32:14,870 --> 00:32:11,279

and then completely just classical

780

00:32:16,630 --> 00:32:14,880

all the time and uh at it you know it

781

00:32:19,029 --> 00:32:16,640

it seemed like it went from down to

782

00:32:21,190 --> 00:32:19,039

lower and then in my opinion

783

00:32:23,350 --> 00:32:21,200

that my life got a ton better when i

784

00:32:26,310 --> 00:32:23,360

listened to mostly classical music

785

00:32:27,110 --> 00:32:26,320

but it has been pushed for years and

786

00:32:30,149 --> 00:32:27,120

years

787

00:32:32,690 --> 00:32:30,159

this uh this this industry what what

788

00:32:35,350 --> 00:32:32,700

could be the motive behind it

789

00:32:37,590 --> 00:32:35,360

[Music]

790

00:32:38,630 --> 00:32:37,600

okay i've been looking at your podcasts

791

00:32:41,110 --> 00:32:38,640

and you like

792

00:32:43,669 --> 00:32:41,120

seriously deep dark conspiracy don't you

793

00:32:49,830 --> 00:32:43,679

i do

794

00:32:53,430 --> 00:32:49,840

well uh can i ask do you

795

00:32:56,710 --> 00:32:53,440

understand the story of the archons

796

00:32:58,870 --> 00:32:56,720

i was told by the gnostics i do

797

00:33:01,509 --> 00:32:58,880

i'm not sure if all of our lit all my

798

00:33:03,430 --> 00:33:01,519

listeners do but i will and i will

799

00:33:05,830 --> 00:33:03,440

sure i will explain that in a shorter

800

00:33:09,269 --> 00:33:05,840

manner as i can for you

801

00:33:11,509 --> 00:33:09,279

um the archons are in

802

00:33:13,750 --> 00:33:11,519

the gnostics view it's a you know a

803

00:33:14,549 --> 00:33:13,760

religious philosophical story that you

804

00:33:17,110 --> 00:33:14,559

can

805

00:33:18,870 --> 00:33:17,120

um use as a model that's what i do or

806

00:33:20,870 --> 00:33:18,880

you can take it for reality that's what

807

00:33:23,029 --> 00:33:20,880

john lamb lash does the guy who taught

808

00:33:26,870 --> 00:33:23,039

it to me

809

00:33:28,950 --> 00:33:26,880

the archons are an accident from the

810

00:33:32,710 --> 00:33:28,960

creation of the earth

811

00:33:36,470 --> 00:33:32,720

they are left over astral

812

00:33:40,149 --> 00:33:36,480

energy that did not have any place

813

00:33:43,110 --> 00:33:40,159

in the physical realm and as such

814

00:33:44,310 --> 00:33:43,120

what was created out of this spilt

815

00:33:48,630 --> 00:33:44,320

astral energy

816

00:33:52,070 --> 00:33:48,640

was some kind of non-organic

817

00:33:53,750 --> 00:33:52,080

intelligence that cannot exist on our

818

00:33:56,549 --> 00:33:53,760

physical plane

819

00:33:58,630 --> 00:33:56,559

and yet can interface with us on the

820

00:34:01,750 --> 00:33:58,640

mental plane

821

00:34:04,710 --> 00:34:01,760

to put that in simple english they can

822

00:34:06,710 --> 00:34:04,720

speak through our minds and they have

823

00:34:10,550 --> 00:34:06,720

perfected the art of making those

824

00:34:14,149 --> 00:34:10,560

speeches sound like our thoughts

825

00:34:17,270 --> 00:34:14,159

so an archon is

826

00:34:20,310 --> 00:34:17,280

uh a creature that is insanely

827

00:34:23,349 --> 00:34:20,320

jealous of our uh

828

00:34:28,069 --> 00:34:23,359

realm and the sheer possibility and

829

00:34:30,230 --> 00:34:28,079

beauty and spectacle and uh

830

00:34:32,230 --> 00:34:30,240

everything about our world yeah they're

831

00:34:33,430 --> 00:34:32,240

jealous of us being here but they cannot

832

00:34:36,470 --> 00:34:33,440

be here with us

833

00:34:39,750 --> 00:34:36,480

so their next

834

00:34:44,069 --> 00:34:39,760

best thing that they can do

835

00:34:48,149 --> 00:34:44,079

is to use a human being

836

00:34:50,790 --> 00:34:48,159

as an avatar just like

837

00:34:53,270 --> 00:34:50,800

you might play grand theft auto 5 and

838

00:34:55,109 --> 00:34:53,280

you can't actually live in san andreas

839

00:34:57,750 --> 00:34:55,119

but you can with the help of a computer

840

00:35:00,390 --> 00:34:57,760

and a character on the screen

841

00:35:02,390 --> 00:35:00,400

go and experience lots of things inside

842

00:35:04,790 --> 00:35:02,400

san andreas yeah

843

00:35:06,550 --> 00:35:04,800

the archons would like to use and have

844

00:35:08,390 --> 00:35:06,560

been using humans

845

00:35:10,630 --> 00:35:08,400

just like that because that's what they

846

00:35:13,270 --> 00:35:10,640

can do they plug into our minds and they

847

00:35:15,430 --> 00:35:13,280

experience life through us

848

00:35:17,829 --> 00:35:15,440

the thing is in order to be able to

849

00:35:21,030 --> 00:35:17,839

really successfully do this

850

00:35:23,030 --> 00:35:21,040

they have to dehumanize us to some

851

00:35:26,310 --> 00:35:23,040

degree they have to actually

852

00:35:29,510 --> 00:35:26,320

switch off the more human and

853

00:35:32,630 --> 00:35:29,520

higher reaching and soul

854

00:35:34,870 --> 00:35:32,640

integrated parts of our minds they need

855

00:35:37,750 --> 00:35:34,880

to dumb us down they need to turn us

856

00:35:41,829 --> 00:35:37,760

into automatons

857

00:35:44,390 --> 00:35:41,839

now if that is the case

858

00:35:46,710 --> 00:35:44,400

what would be a better way of doing it

859

00:35:47,910 --> 00:35:46,720

than using such an invisibly powerful

860

00:35:50,950 --> 00:35:47,920

force as music

861

00:35:54,069 --> 00:35:50,960

to slowly dehumanize and turn people

862

00:35:56,829 --> 00:35:54,079

into robots you think about what music

863

00:35:59,030 --> 00:35:56,839

sounded like in

864

00:36:02,550 --> 00:35:59,040

1780 how mute

865

00:36:05,589 --> 00:36:02,560

how human and complex and rich

866

00:36:07,829 --> 00:36:05,599

and immediate and ephemeral

867

00:36:08,870 --> 00:36:07,839

to the degree that nobody had recordings

868

00:36:10,710 --> 00:36:08,880

you had to you had

869

00:36:12,550 --> 00:36:10,720

you simply had to be there in front of

870

00:36:15,349 --> 00:36:12,560

the musician and cherish it the moment

871

00:36:18,630 --> 00:36:15,359

it was there and then it was gone again

872

00:36:20,630 --> 00:36:18,640

all of this is gone in 2020

873

00:36:21,990 --> 00:36:20,640

you can pick up a piece of plastic or

874

00:36:23,750 --> 00:36:22,000

even just you know connect some

875

00:36:26,870 --> 00:36:23,760

electrons through your phone

876

00:36:31,190 --> 00:36:26,880

and get this artifact

877

00:36:34,790 --> 00:36:31,200

this commodity through your devices

878

00:36:37,829 --> 00:36:34,800

which has been stamped and ironed and

879

00:36:38,829 --> 00:36:37,839

straightened out beyond any sense of

880

00:36:42,069 --> 00:36:38,839

being

881

00:36:45,190 --> 00:36:42,079

human and the chances are

882

00:36:48,310 --> 00:36:45,200

if it's um like most music

883

00:36:51,750 --> 00:36:48,320

made of computers nowadays it's been

884

00:36:53,910 --> 00:36:51,760

made in practically less time

885

00:36:55,990 --> 00:36:53,920

than it takes to actually listen to it

886

00:37:00,550 --> 00:36:56,000

with the virtuality of modern

887

00:37:01,190 --> 00:37:00,560

um midi uh digital audio workstations as

888

00:37:02,950 --> 00:37:01,200

they're called

889

00:37:05,670 --> 00:37:02,960

the computers that people write music on

890

00:37:09,109 --> 00:37:05,680

nowadays with the way that those things

891

00:37:13,190 --> 00:37:09,119

are set out it is quite possible

892

00:37:16,390 --> 00:37:13,200

to write music that lasts an hour

893

00:37:17,109 --> 00:37:16,400

in five minutes flat and then put it on

894

00:37:19,430 --> 00:37:17,119

a disc

895

00:37:20,790 --> 00:37:19,440

and publish it in less time that it

896

00:37:24,230 --> 00:37:20,800

would take anybody

897

00:37:27,030 --> 00:37:24,240

to even experience it now if that's not

898

00:37:28,150 --> 00:37:27,040

removal from the physical plane into the

899

00:37:31,270 --> 00:37:28,160

astral plane

900

00:37:34,870 --> 00:37:34,230

right we we should be careful about

901
00:37:38,630 --> 00:37:34,880
thinking

902
00:37:41,030 --> 00:37:38,640
it's just music it can't hurt me

903
00:37:42,069 --> 00:37:41,040
well it can heal you and it can hurt you

904
00:37:44,470 --> 00:37:42,079
but what i

905
00:37:45,349 --> 00:37:44,480
want people to understand is that the

906
00:37:49,030 --> 00:37:45,359
more music

907
00:37:50,630 --> 00:37:49,040
seems to come from machines

908
00:37:52,390 --> 00:37:50,640
the more music is served through

909
00:37:53,430 --> 00:37:52,400
machines it is amplified through

910
00:37:56,470 --> 00:37:53,440
machines that is

911
00:37:58,710 --> 00:37:56,480
uh published to us through machines even

912
00:37:59,910 --> 00:37:58,720
when you see somebody live nowadays the

913
00:38:01,589 --> 00:37:59,920

chances of you actually

914

00:38:03,190 --> 00:38:01,599

hearing the vibrations of their

915

00:38:05,670 --> 00:38:03,200

instrument acoustically

916

00:38:07,829 --> 00:38:05,680

are pretty low most people use power

917

00:38:10,470 --> 00:38:07,839

amplification for everything

918

00:38:13,030 --> 00:38:10,480

every aspect where machines has got in

919

00:38:16,710 --> 00:38:13,040

the way between the performer and you

920

00:38:21,030 --> 00:38:16,720

is one more level of that connection

921

00:38:24,310 --> 00:38:21,040

between human beings um feeding us

922

00:38:26,950 --> 00:38:24,320

being blocked off and in

923

00:38:28,069 --> 00:38:26,960

in the element of in the in the moment

924

00:38:31,109 --> 00:38:28,079

of being blocked off

925

00:38:33,430 --> 00:38:31,119

possibly even being edited so that it is

926
00:38:37,349 --> 00:38:33,440
less subtle so that it is more

927
00:38:42,230 --> 00:38:40,630
wow modern music may be stunting us it

928
00:38:46,310 --> 00:38:42,240
sounds like

929
00:38:49,910 --> 00:38:46,320
i'm absolutely sure it is um if

930
00:38:51,430 --> 00:38:49,920
if music teaches us uh it it's it's been

931
00:38:54,069 --> 00:38:51,440
let me let me try and gather my thoughts

932
00:38:56,390 --> 00:38:54,079
here it's been

933
00:38:57,430 --> 00:38:56,400
scientifically demonstrated in recent

934
00:39:00,870 --> 00:38:57,440
years

935
00:39:04,470 --> 00:39:00,880
that music has an effect

936
00:39:08,069 --> 00:39:04,480
on infant's capacity for

937
00:39:10,950 --> 00:39:08,079
uh language complexity

938
00:39:12,710 --> 00:39:10,960

and therefore capacity for understanding

939

00:39:15,349 --> 00:39:12,720

and it's been demonstrated that

940

00:39:17,430 --> 00:39:15,359

by playing certain forms of uh

941

00:39:19,430 --> 00:39:17,440

life-enhancing music

942

00:39:21,109 --> 00:39:19,440

or i don't think that i don't think the

943

00:39:22,390 --> 00:39:21,119

studies went on the negative side but

944

00:39:22,950 --> 00:39:22,400

they certainly weren't on the positive

945

00:39:25,589 --> 00:39:22,960

side

946

00:39:26,390 --> 00:39:25,599

it's been demonstrated that even before

947

00:39:28,470 --> 00:39:26,400

children can

948

00:39:30,150 --> 00:39:28,480

speak before they've learned to actually

949

00:39:32,950 --> 00:39:30,160

form words properly

950

00:39:33,829 --> 00:39:32,960

playing them good music can actually

951
00:39:37,349 --> 00:39:33,839
result in

952
00:39:39,589 --> 00:39:37,359
a statistically noticeable upping of

953
00:39:41,670 --> 00:39:39,599
their capacity to communicate well and

954
00:39:42,550 --> 00:39:41,680
to understand well and to philosophize

955
00:39:44,230 --> 00:39:42,560
well

956
00:39:45,620 --> 00:39:44,240
later in their childhood and perhaps

957
00:39:48,150 --> 00:39:45,630
later in life

958
00:39:51,030 --> 00:39:48,160
[Music]

959
00:39:51,430 --> 00:39:51,040
it's absolutely okay that has to do with

960
00:39:55,990 --> 00:39:51,440
you

961
00:39:59,829 --> 00:39:56,000
feeding children increasingly

962
00:40:03,750 --> 00:40:02,069
music increasing music with increasingly

963
00:40:07,190 --> 00:40:03,760

complex transactions

964

00:40:10,230 --> 00:40:07,200

and thematic variations and

965

00:40:11,990 --> 00:40:10,240

everything that a language can be as it

966

00:40:15,910 --> 00:40:12,000

gets more and more complex

967

00:40:17,829 --> 00:40:15,920

the trouble is is that we don't do this

968

00:40:21,270 --> 00:40:17,839

anymore if you listen to what

969

00:40:24,710 --> 00:40:21,280

uh 16 year olds are listening to

970

00:40:27,829 --> 00:40:24,720

it might be um

971

00:40:30,150 --> 00:40:27,839

in its vocabulary filled with

972

00:40:31,670 --> 00:40:30,160

things too harsh for two-year-olds to

973

00:40:34,309 --> 00:40:31,680

want to listen to instead

974

00:40:36,230 --> 00:40:34,319

in sense of booming and grinding and

975

00:40:37,589 --> 00:40:36,240

crashing noises sixteen-year-olds might

976

00:40:40,230 --> 00:40:37,599

be listening to music that's

977

00:40:41,670 --> 00:40:40,240

too harsh for toddlers on that sense but

978

00:40:45,109 --> 00:40:41,680

in the sense of

979

00:40:48,150 --> 00:40:45,119

how much complication how much mind

980

00:40:51,270 --> 00:40:48,160

stimulating complexity

981

00:40:54,230 --> 00:40:51,280

and game playing if you like with

982

00:40:55,349 --> 00:40:54,240

thematic ideas is going on in 16 year

983

00:40:58,710 --> 00:40:55,359

olds music

984

00:41:01,910 --> 00:40:58,720

it's little better than nursery rhymes

985

00:41:03,910 --> 00:41:01,920

and if that's the case then

986

00:41:06,230 --> 00:41:03,920

that is what affecting those 16 year

987

00:41:08,550 --> 00:41:06,240

olds no wonder

988

00:41:09,510 --> 00:41:08,560

they might come out stunted in their

989

00:41:13,750 --> 00:41:09,520

communication

990

00:41:15,670 --> 00:41:13,760

capacities or even emotionally

991

00:41:17,030 --> 00:41:15,680

unable to express themselves or to

992

00:41:21,109 --> 00:41:17,040

understand themselves

993

00:41:23,910 --> 00:41:21,119

it's because we are laying down

994

00:41:25,670 --> 00:41:23,920

we are laying down beneath the level of

995

00:41:28,950 --> 00:41:25,680

our thought processes

996

00:41:32,470 --> 00:41:28,960

these examples through music

997

00:41:33,349 --> 00:41:32,480

of just how complex or not our thought

998

00:41:36,470 --> 00:41:33,359

processes

999

00:41:39,750 --> 00:41:36,480

can be if all you ever experience

1000

00:41:43,750 --> 00:41:39,760

is exceedingly simple arguments

1001
00:41:48,710 --> 00:41:46,630
you um get used to that environment and

1002
00:41:50,790 --> 00:41:48,720
you copy it

1003
00:41:52,230 --> 00:41:50,800
that's what's bringing us down from

1004
00:41:56,069 --> 00:41:52,240
music it's not that

1005
00:41:59,349 --> 00:41:56,079
necessarily uh a lot of music is

1006
00:42:01,589 --> 00:41:59,359
filled with some kind of sonic evil

1007
00:42:03,349 --> 00:42:01,599
no it's not there are bits of it and i

1008
00:42:04,069 --> 00:42:03,359
think some of us feel it when it comes

1009
00:42:05,829 --> 00:42:04,079
and when we

1010
00:42:07,829 --> 00:42:05,839
when we hear it but i don't think that's

1011
00:42:11,030 --> 00:42:07,839
the big danger here the big danger here

1012
00:42:14,470 --> 00:42:11,040
is simply being turned into

1013
00:42:15,510 --> 00:42:14,480

automatons by music that behaves like an

1014

00:42:19,990 --> 00:42:15,520

autumn attack

1015

00:42:26,390 --> 00:42:23,270

yes and i i you know this is an

1016

00:42:27,190 --> 00:42:26,400

opportunity i think out in the open that

1017

00:42:30,230 --> 00:42:27,200

people have

1018

00:42:31,829 --> 00:42:30,240

to kind of better themselves rise up and

1019

00:42:33,109 --> 00:42:31,839

it doesn't have to be classical music

1020

00:42:36,069 --> 00:42:33,119

but just more complex

1021

00:42:36,470 --> 00:42:36,079

music i prefer classical but i mean here

1022

00:42:38,950 --> 00:42:36,480

is an

1023

00:42:40,950 --> 00:42:38,960

obvious you see it all the time on tv

1024

00:42:42,790 --> 00:42:40,960

people joke around about it

1025

00:42:44,309 --> 00:42:42,800

when they show the elites they always

1026

00:42:45,670 --> 00:42:44,319

have the classical music in the

1027

00:42:49,349 --> 00:42:45,680

background as a joke

1028

00:42:52,710 --> 00:42:52,309

and the joke's on us the joke is on us

1029

00:42:54,630 --> 00:42:52,720

like

1030

00:42:55,910 --> 00:42:54,640

it's right there in plain sight and the

1031

00:42:58,710 --> 00:42:55,920

joke is on us

1032

00:43:00,470 --> 00:42:58,720

it's it's a choice about your history of

1033

00:43:02,230 --> 00:43:00,480

of your love of classical music did you

1034

00:43:03,349 --> 00:43:02,240

always love it as a child and it grew

1035

00:43:06,390 --> 00:43:03,359

more or did you

1036

00:43:07,190 --> 00:43:06,400

encounter it once and it hooks you i

1037

00:43:09,349 --> 00:43:07,200

encountered

1038

00:43:10,390 --> 00:43:09,359

beethoven and it hooked me i heard

1039

00:43:12,630 --> 00:43:10,400

beethoven

1040

00:43:14,230 --> 00:43:12,640

in an in first i couldn't i couldn't

1041

00:43:15,829 --> 00:43:14,240

take three seconds but i

1042

00:43:18,630 --> 00:43:15,839

i promised someone that i would listen

1043

00:43:21,030 --> 00:43:18,640

to an entire song and i was hooked

1044

00:43:22,790 --> 00:43:21,040

how old were you when that happened i

1045

00:43:25,990 --> 00:43:22,800

was about

1046

00:43:29,030 --> 00:43:26,000

wow i was in my 30s

1047

00:43:30,710 --> 00:43:29,040

right so there we are did you feel like

1048

00:43:33,510 --> 00:43:30,720

suddenly you were filled with something

1049

00:43:37,190 --> 00:43:33,520

that you hadn't been filled with before

1050

00:43:38,470 --> 00:43:37,200

passion yes yeah there's a there's a

1051
00:43:41,510 --> 00:43:38,480
humanness to

1052
00:43:43,030 --> 00:43:41,520
to beethoven that uh well it's frankly

1053
00:43:44,550 --> 00:43:43,040
hard to match in a lot of other music

1054
00:43:46,150 --> 00:43:44,560
isn't it

1055
00:43:48,710 --> 00:43:46,160
but what i'm trying to point out here is

1056
00:43:54,870 --> 00:43:52,390
you don't have to uh deeply educate

1057
00:43:57,030 --> 00:43:54,880
yourself and lead up to this in some way

1058
00:43:58,710 --> 00:43:57,040
it's obvious from your history that it's

1059
00:44:01,190 --> 00:43:58,720
possible to have

1060
00:44:03,430 --> 00:44:01,200
lived uh to go back to my food analogy

1061
00:44:05,589 --> 00:44:03,440
it's possible to have lived a life

1062
00:44:08,309 --> 00:44:05,599
eating nothing but pink slime chicken

1063
00:44:10,790 --> 00:44:08,319

nuggets and mashed potatoes

1064

00:44:14,150 --> 00:44:10,800

and then suddenly be given fruit in your

1065

00:44:17,430 --> 00:44:14,160

thirties and go oh my god what is this

1066

00:44:21,030 --> 00:44:17,440

yeah yeah you just have to have your

1067

00:44:23,829 --> 00:44:21,040

ears and your heart and your mind open

1068

00:44:25,750 --> 00:44:23,839

so that not only will it notice when you

1069

00:44:26,309 --> 00:44:25,760

find that music which feeds you like

1070

00:44:29,750 --> 00:44:26,319

that

1071

00:44:33,349 --> 00:44:29,760

but you'll also notice the

1072

00:44:35,589 --> 00:44:33,359

part of yourself which has become habit

1073

00:44:37,270 --> 00:44:35,599

that would reject that kind of music in

1074

00:44:40,230 --> 00:44:37,280

a moment because it's some kind of

1075

00:44:42,069 --> 00:44:40,240

challenge or you know you're frightened

1076
00:44:44,069 --> 00:44:42,079
of it being overly complex there are so

1077
00:44:46,870 --> 00:44:44,079
many people who will

1078
00:44:47,829 --> 00:44:46,880
almost instinctually without a single

1079
00:44:50,069 --> 00:44:47,839
conscious thought

1080
00:44:51,390 --> 00:44:50,079
back away from certain kinds of music

1081
00:44:54,390 --> 00:44:51,400
just from sheer

1082
00:44:56,390 --> 00:44:54,400
unfamiliarity and yet they're actually

1083
00:44:58,309 --> 00:44:56,400
bored with their emotional state on a

1084
00:45:01,430 --> 00:44:58,319
day-to-day basis

1085
00:45:04,630 --> 00:45:01,440
hey man fascinating yes

1086
00:45:06,630 --> 00:45:04,640
i i can't agree more and it's it's

1087
00:45:09,109 --> 00:45:06,640
strange how classical music can make the

1088
00:45:12,790 --> 00:45:09,119

mind work in a more beautiful way

1089

00:45:15,030 --> 00:45:12,800

and modern music may be stunting us is

1090

00:45:17,430 --> 00:45:15,040

is it strange i'm glad we brought up

1091

00:45:20,230 --> 00:45:17,440

beethoven because is it strange that iq

1092

00:45:22,069 --> 00:45:20,240

tests are well you've heard obviously

1093

00:45:23,829 --> 00:45:22,079

i'll let you explain to our listeners

1094

00:45:25,670 --> 00:45:23,839

about the mozart effect because i'm sure

1095

00:45:28,630 --> 00:45:25,680

you know about it

1096

00:45:30,230 --> 00:45:28,640

sure yeah the mozart effect was uh

1097

00:45:31,510 --> 00:45:30,240

measured by scientists

1098

00:45:32,790 --> 00:45:31,520

that i mean i've already explained a

1099

00:45:34,069 --> 00:45:32,800

little bit of it but it's dubbed the

1100

00:45:36,790 --> 00:45:34,079

mozart effect it's the

1101
00:45:38,069 --> 00:45:36,800
it's the fact that if you play mozart

1102
00:45:41,510 --> 00:45:38,079
specifically

1103
00:45:45,670 --> 00:45:41,520
uh to uh children

1104
00:45:46,230 --> 00:45:45,680
they will measurably uh improve in their

1105
00:45:48,230 --> 00:45:46,240
uh

1106
00:45:49,670 --> 00:45:48,240
communication and language skills their

1107
00:45:52,150 --> 00:45:49,680
mathematical skills

1108
00:45:54,710 --> 00:45:52,160
their spatial reasoning and even their

1109
00:45:59,430 --> 00:45:54,720
emotional regulation skills

1110
00:46:02,870 --> 00:46:01,109
this is something that can be measured

1111
00:46:04,950 --> 00:46:02,880
to some degree in other

1112
00:46:06,950 --> 00:46:04,960
uh classical music composers as well

1113
00:46:09,670 --> 00:46:06,960

it's just something that because

1114

00:46:10,710 --> 00:46:09,680

mozart was such an instinctual genius at

1115

00:46:13,510 --> 00:46:10,720

getting so many

1116

00:46:14,230 --> 00:46:13,520

layers of his music to work in the same

1117

00:46:17,510 --> 00:46:14,240

direction

1118

00:46:19,990 --> 00:46:17,520

at the same time it has

1119

00:46:20,870 --> 00:46:20,000

such a powerful effect where others

1120

00:46:24,550 --> 00:46:20,880

would only have

1121

00:46:27,430 --> 00:46:24,560

uh you know a a mild effect but

1122

00:46:27,990 --> 00:46:27,440

this was only looking in one direction

1123

00:46:30,300 --> 00:46:28,000

for one

1124

00:46:32,390 --> 00:46:30,310

thing um

1125

00:46:34,460 --> 00:46:32,400

[Music]

1126
00:46:36,390 --> 00:46:34,470
there are even more

1127
00:46:38,950 --> 00:46:36,400
[Music]

1128
00:46:40,790 --> 00:46:38,960
fundamental measures of this kind of

1129
00:46:42,710 --> 00:46:40,800
thing that were done a long time ago

1130
00:46:44,790 --> 00:46:42,720
that people prefer not to look at

1131
00:46:48,309 --> 00:46:44,800
because they are very worrying

1132
00:46:51,109 --> 00:46:48,319
for instance it was something

1133
00:46:52,390 --> 00:46:51,119
well understood by the 70s that you

1134
00:46:55,030 --> 00:46:52,400
could play

1135
00:46:56,069 --> 00:46:55,040
in two separate isolated rooms you could

1136
00:46:59,109 --> 00:46:56,079
play

1137
00:47:02,710 --> 00:46:59,119
classical music to one bunch of plants

1138
00:47:06,390 --> 00:47:02,720

yes plants and you could play uh

1139

00:47:09,270 --> 00:47:06,400

acid metal to another bunch of plants

1140

00:47:10,069 --> 00:47:09,280

and guess what happened yeah you might

1141

00:47:13,670 --> 00:47:10,079

think it's

1142

00:47:15,910 --> 00:47:13,680

just kind of uh projective and bigotry

1143

00:47:18,069 --> 00:47:15,920

to imagine this but no it's the truth

1144

00:47:19,510 --> 00:47:18,079

then the plants in the classical music

1145

00:47:22,069 --> 00:47:19,520

room thrived

1146

00:47:24,150 --> 00:47:22,079

and the plants being played acid rock

1147

00:47:28,470 --> 00:47:24,160

physically grew away

1148

00:47:32,390 --> 00:47:28,480

and withered wow

1149

00:47:35,670 --> 00:47:32,400

wow mind-blowing and this is a very real

1150

00:47:38,950 --> 00:47:35,680

effect that music has it's it's

1151
00:47:40,069 --> 00:47:38,960
it's so wild that the the power is right

1152
00:47:41,910 --> 00:47:40,079
at our fingertips

1153
00:47:45,510 --> 00:47:41,920
and the majority of the population just

1154
00:47:49,589 --> 00:47:47,030
it does because we've just simply

1155
00:47:53,990 --> 00:47:49,599
because we we've become

1156
00:47:57,510 --> 00:47:54,000
so um used to

1157
00:47:59,349 --> 00:47:57,520
music as a background thing rather than

1158
00:48:00,549 --> 00:47:59,359
something that we take right into the

1159
00:48:02,790 --> 00:48:00,559
foreground of our

1160
00:48:03,670 --> 00:48:02,800
consciousness we have background music

1161
00:48:06,309 --> 00:48:03,680
playing all the time

1162
00:48:08,150 --> 00:48:06,319
i personally know people who will never

1163
00:48:09,109 --> 00:48:08,160

go never walk around town without

1164

00:48:11,589 --> 00:48:09,119

headphones on

1165

00:48:12,470 --> 00:48:11,599

giving them a quote sound track to their

1166

00:48:15,109 --> 00:48:12,480

life that's

1167

00:48:18,470 --> 00:48:15,119

that's what they actually call it it's

1168

00:48:22,309 --> 00:48:20,630

you almost need an emotional buffer

1169

00:48:23,910 --> 00:48:22,319

coming from music just to be able to

1170

00:48:24,950 --> 00:48:23,920

walk around the city and emotionally

1171

00:48:26,870 --> 00:48:24,960

survive it

1172

00:48:28,710 --> 00:48:26,880

that's how they're using it but they

1173

00:48:30,069 --> 00:48:28,720

don't actually have the consciousness to

1174

00:48:31,670 --> 00:48:30,079

see that

1175

00:48:33,109 --> 00:48:31,680

this is like saying right i'm off into a

1176

00:48:38,230 --> 00:48:33,119

crowd i need a big

1177

00:48:45,510 --> 00:48:41,270

yeah this is a very you know

1178

00:48:50,710 --> 00:48:45,520

music it it is the manipulation's real

1179

00:48:53,349 --> 00:48:50,720

uh the effect on us biologically is real

1180

00:48:56,309 --> 00:48:53,359

and music may be the most powerful type

1181

00:49:00,069 --> 00:48:56,319

of magic that we can easily access

1182

00:49:04,150 --> 00:49:00,079

on a daily basis i think it is

1183

00:49:07,349 --> 00:49:04,160

um consider this for an idea

1184

00:49:09,430 --> 00:49:07,359

if you get a piece of uh very very

1185

00:49:10,150 --> 00:49:09,440

complex music which gives you a very

1186

00:49:12,950 --> 00:49:10,160

complex

1187

00:49:15,270 --> 00:49:12,960

and educational and enlightening journey

1188

00:49:18,630 --> 00:49:15,280

by listening to it

1189

00:49:20,710 --> 00:49:18,640

there will uh

1190

00:49:22,790 --> 00:49:20,720

there will be a solid chance that there

1191

00:49:25,349 --> 00:49:22,800

is something inside that music

1192

00:49:26,950 --> 00:49:25,359

a melody that you could pick out and

1193

00:49:28,950 --> 00:49:26,960

sing for yourself while you're just

1194

00:49:30,950 --> 00:49:28,960

walking down the street

1195

00:49:32,470 --> 00:49:30,960

and it's not like when you pick out that

1196

00:49:33,990 --> 00:49:32,480

melody and sing it to yourself while

1197

00:49:34,309 --> 00:49:34,000

you're walking down the street that you

1198

00:49:37,750 --> 00:49:34,319

are

1199

00:49:39,829 --> 00:49:37,760

merely experiencing 100th

1200

00:49:40,950 --> 00:49:39,839

of that piece of music by doing that to

1201

00:49:43,109 --> 00:49:40,960

yourself that

1202

00:49:44,150 --> 00:49:43,119

melody is actually some kind of

1203

00:49:47,030 --> 00:49:44,160

psychological

1204

00:49:48,150 --> 00:49:47,040

key back into the experience of a whole

1205

00:49:49,910 --> 00:49:48,160

piece of music

1206

00:49:51,829 --> 00:49:49,920

this is one of the powers of music is

1207

00:49:54,950 --> 00:49:51,839

that it can enfold

1208

00:49:56,829 --> 00:49:54,960

and compress thoughts and ideas and

1209

00:49:58,790 --> 00:49:56,839

emotions and even memories and

1210

00:50:01,270 --> 00:49:58,800

experiences down into

1211

00:50:02,870 --> 00:50:01,280

tiny little memes that you can carry

1212

00:50:04,710 --> 00:50:02,880

around in your memory

1213

00:50:05,990 --> 00:50:04,720

when we become aware of this sort of

1214

00:50:09,109 --> 00:50:06,000

thing

1215

00:50:12,390 --> 00:50:09,119

we are going to have a tool which

1216

00:50:15,349 --> 00:50:12,400

not only serves us instead of

1217

00:50:16,309 --> 00:50:15,359

uh us eventually going down the slope

1218

00:50:18,950 --> 00:50:16,319

into serving it

1219

00:50:20,710 --> 00:50:18,960

as it is right now not only that but it

1220

00:50:23,910 --> 00:50:20,720

will

1221

00:50:27,030 --> 00:50:23,920

be a common magic

1222

00:50:30,870 --> 00:50:27,040

understood by the populace

1223

00:50:35,109 --> 00:50:30,880

that is a great defense

1224

00:50:37,190 --> 00:50:35,119

against the social engineering mind warp

1225

00:50:39,589 --> 00:50:37,200

that we find ourselves battered with

1226

00:50:42,630 --> 00:50:39,599

every day in 2020

1227

00:50:43,670 --> 00:50:42,640

yeah man i wish i i just think you know

1228

00:50:45,990 --> 00:50:43,680

having

1229

00:50:48,470 --> 00:50:46,000

found what i consider complex good

1230

00:50:51,270 --> 00:50:48,480

quality music in my 30s

1231

00:50:52,710 --> 00:50:51,280

i can't even imagine what my life would

1232

00:50:55,670 --> 00:50:52,720

have been like if i would have

1233

00:50:57,990 --> 00:50:55,680

been fed this from a very young age i

1234

00:50:59,750 --> 00:50:58,000

mean this is very real

1235

00:51:01,829 --> 00:50:59,760

it is very real and the fact that you

1236

00:51:03,670 --> 00:51:01,839

discovered in your 30s quite probably

1237

00:51:06,150 --> 00:51:03,680

saved you from

1238

00:51:07,349 --> 00:51:06,160

some kind of psychic burnout or crash

1239

00:51:13,750 --> 00:51:07,359

sure

1240

00:51:16,870 --> 00:51:13,760

it's it's very interesting that you know

1241

00:51:19,030 --> 00:51:16,880

in schools you know people tend to

1242

00:51:21,589 --> 00:51:19,040

shy away from the oh i want to play

1243

00:51:24,950 --> 00:51:21,599

football i don't want to play the violin

1244

00:51:26,710 --> 00:51:24,960

and yet that this is a very fertile

1245

00:51:28,790 --> 00:51:26,720

ground for the mind to just blossom

1246

00:51:30,549 --> 00:51:28,800

instead of get bludgeoned

1247

00:51:32,309 --> 00:51:30,559

well let me talk let me talk quickly

1248

00:51:35,910 --> 00:51:32,319

about something that happened nearby me

1249

00:51:36,309 --> 00:51:35,920

uh i live i live near bradford in the uk

1250

00:51:39,910 --> 00:51:36,319

and

1251

00:51:43,910 --> 00:51:39,920

there's a school in bradford

1252

00:51:46,309 --> 00:51:43,920

that is highly multicultural

1253

00:51:48,069 --> 00:51:46,319

it has many many different children from

1254

00:51:48,549 --> 00:51:48,079

many many different parts of the world

1255

00:51:51,190 --> 00:51:48,559

also

1256

00:51:51,990 --> 00:51:51,200

first and second generation immigrants

1257

00:51:55,430 --> 00:51:52,000

all

1258

00:51:56,870 --> 00:51:55,440

convening at this school and if you know

1259

00:51:58,870 --> 00:51:56,880

anything about schools like that you

1260

00:52:00,069 --> 00:51:58,880

know that they're very difficult to try

1261

00:52:03,190 --> 00:52:00,079

and maintain

1262

00:52:05,750 --> 00:52:03,200

any kind of ethos in because people's

1263

00:52:07,109 --> 00:52:05,760

philosophies of life are so convergent

1264

00:52:09,109 --> 00:52:07,119

when there are so many

1265

00:52:11,109 --> 00:52:09,119

uh different peoples all coming into a

1266

00:52:11,910 --> 00:52:11,119

school together so it's difficult to

1267

00:52:13,990 --> 00:52:11,920

find

1268

00:52:15,190 --> 00:52:14,000

a way of keeping that school pointing

1269

00:52:18,069 --> 00:52:15,200

forwards

1270

00:52:18,870 --> 00:52:18,079

and that school in bradford was actually

1271

00:52:22,309 --> 00:52:18,880

sailing

1272

00:52:24,950 --> 00:52:22,319

horribly um scores for

1273

00:52:26,390 --> 00:52:24,960

for children's marks in exams and scores

1274

00:52:29,109 --> 00:52:26,400

for simply

1275

00:52:30,710 --> 00:52:29,119

you know behavior and quality of life

1276

00:52:34,069 --> 00:52:30,720

for the students and things like that

1277

00:52:37,109 --> 00:52:34,079

were all absolutely dreadful until

1278

00:52:39,109 --> 00:52:37,119

um a fellow came along and introduced

1279

00:52:41,670 --> 00:52:39,119

what's called the kodai technique

1280

00:52:43,030 --> 00:52:41,680

back into the school now zoltan kodai

1281

00:52:45,910 --> 00:52:43,040

was a

1282

00:52:47,990 --> 00:52:45,920

musicologist and composer from the start

1283

00:52:51,510 --> 00:52:48,000

of the 20th century

1284

00:52:55,190 --> 00:52:51,520

and he had a

1285

00:52:58,390 --> 00:52:55,200

um a philosophy of musical pedagogy

1286

00:52:58,950 --> 00:52:58,400

meaning there was a manner in which you

1287

00:53:03,430 --> 00:52:58,960

could

1288

00:53:08,630 --> 00:53:03,440

use music and movement to help children

1289

00:53:12,549 --> 00:53:08,640

grow as individuals and

1290

00:53:14,630 --> 00:53:12,559

all this school did was to instigate

1291

00:53:17,829 --> 00:53:14,640

a little bit of music and movement back

1292

00:53:19,990 --> 00:53:17,839

into every day for every student

1293

00:53:22,069 --> 00:53:20,000

and a year and a half later the entire

1294

00:53:24,150 --> 00:53:22,079

school had been turned round

1295

00:53:25,990 --> 00:53:24,160

and people were looking forward to going

1296

00:53:27,670 --> 00:53:26,000

to school and they were getting high

1297

00:53:29,510 --> 00:53:27,680

marks and exams again

1298

00:53:31,670 --> 00:53:29,520

and it was all simply because they had

1299

00:53:34,870 --> 00:53:31,680

stepped back from this

1300

00:53:36,710 --> 00:53:34,880

needs to shove the stem subjects you

1301
00:53:38,950 --> 00:53:36,720
know the science and the maths and you

1302
00:53:41,430 --> 00:53:38,960
name it

1303
00:53:41,990 --> 00:53:41,440
and actually treat children like human

1304
00:53:47,430 --> 00:53:42,000
beings

1305
00:53:50,790 --> 00:53:49,910
lives going on for themselves that

1306
00:53:54,230 --> 00:53:50,800
needed

1307
00:53:57,510 --> 00:53:54,240
[Music]

1308
00:53:58,870 --> 00:53:57,520
nourishment from activities that they

1309
00:53:59,750 --> 00:53:58,880
actually saw coming from the adults

1310
00:54:01,670 --> 00:53:59,760
around them

1311
00:54:02,950 --> 00:54:01,680
and as soon as that was re-established

1312
00:54:06,549 --> 00:54:02,960
in school

1313
00:54:09,109 --> 00:54:06,559

the behavior the quality of the thinking

1314

00:54:11,190 --> 00:54:09,119

and just the whole ethos of the school

1315

00:54:12,309 --> 00:54:11,200

measurably improved to the degree that

1316

00:54:13,589 --> 00:54:12,319

that teacher

1317

00:54:15,109 --> 00:54:13,599

i'm trying to find his name here for a

1318

00:54:17,270 --> 00:54:15,119

second let me just actually give you his

1319

00:54:20,790 --> 00:54:17,280

name because he is worth

1320

00:54:23,880 --> 00:54:20,800

actually uh talking about him

1321

00:54:31,670 --> 00:54:23,890

over my nose here unbelievable

1322

00:54:38,230 --> 00:54:35,589

but the point is that teacher was was um

1323

00:54:39,510 --> 00:54:38,240

nominated for a global teacher of the

1324

00:54:42,549 --> 00:54:39,520

year award

1325

00:54:43,270 --> 00:54:42,559

for what he did for that school and all

1326
00:54:45,030 --> 00:54:43,280
he did was

1327
00:54:46,470 --> 00:54:45,040
simply reinstate music and dance back

1328
00:54:50,309 --> 00:54:46,480
into the school

1329
00:54:53,430 --> 00:54:50,319
wow unbelievable

1330
00:54:55,589 --> 00:54:53,440
it's not just music i mean these are

1331
00:54:57,270 --> 00:54:55,599
these these these are frequencies the

1332
00:54:59,109 --> 00:54:57,280
mind is aware of

1333
00:55:00,470 --> 00:54:59,119
and i mean when you really think about

1334
00:55:02,470 --> 00:55:00,480
it the ears are

1335
00:55:04,950 --> 00:55:02,480
like an orifice just like the mouth or

1336
00:55:07,670 --> 00:55:04,960
the nose and it's something that uh

1337
00:55:08,069 --> 00:55:07,680
definitely you can it takes something in

1338
00:55:15,990 --> 00:55:08,079

it

1339

00:55:21,829 --> 00:55:16,000

um all i can offer your

1340

00:55:23,589 --> 00:55:21,839

uh your listeners is the idea that

1341

00:55:26,710 --> 00:55:23,599

we have to remember that we have been

1342

00:55:29,109 --> 00:55:26,720

programmed into a visual culture

1343

00:55:31,030 --> 00:55:29,119

we're all extremely visual creatures

1344

00:55:32,630 --> 00:55:31,040

nowadays probably more so now than we

1345

00:55:35,349 --> 00:55:32,640

ever were 40 years ago

1346

00:55:37,190 --> 00:55:35,359

simply because we spent so much time in

1347

00:55:38,390 --> 00:55:37,200

front of screens taking in information

1348

00:55:41,030 --> 00:55:38,400

through our eyes

1349

00:55:42,069 --> 00:55:41,040

it's not just looking at things anymore

1350

00:55:44,069 --> 00:55:42,079

it's actually

1351

00:55:46,549 --> 00:55:44,079

getting to grips with the world

1352

00:55:49,750 --> 00:55:46,559

constantly through our eyes

1353

00:55:51,750 --> 00:55:49,760

now we can do the same thing with our

1354

00:55:53,430 --> 00:55:51,760

ears

1355

00:55:54,870 --> 00:55:53,440

but we've just been conditioned out of

1356

00:55:58,950 --> 00:55:54,880

doing so so

1357

00:56:00,430 --> 00:55:58,960

that our ears can be a portal for things

1358

00:56:03,829 --> 00:56:00,440

to be poured into us

1359

00:56:06,950 --> 00:56:03,839

subconsciously instead of consciously

1360

00:56:07,910 --> 00:56:06,960

and that is what we have to address in

1361

00:56:11,030 --> 00:56:07,920

ourselves

1362

00:56:11,990 --> 00:56:11,040

before we can genuinely say that we've

1363

00:56:15,190 --> 00:56:12,000

become

1364

00:56:15,510 --> 00:56:15,200

sovereign beings until that point we are

1365

00:56:19,670 --> 00:56:15,520

still

1366

00:56:23,829 --> 00:56:22,630

wow such a wealth of information simon i

1367

00:56:27,030 --> 00:56:23,839

could talk about this for

1368

00:56:27,990 --> 00:56:27,040

hours and hours but let's cut to the

1369

00:56:31,190 --> 00:56:28,000

chase

1370

00:56:33,270 --> 00:56:31,200

um before we go into uh i'm gonna link

1371

00:56:33,910 --> 00:56:33,280

your gofundme page and and your website

1372

00:56:36,069 --> 00:56:33,920

as well

1373

00:56:37,349 --> 00:56:36,079

but before we go into that i'd like to

1374

00:56:40,789 --> 00:56:37,359

talk about how

1375

00:56:44,069 --> 00:56:40,799

religion churches the proportions uh

1376

00:56:44,549 --> 00:56:44,079

spiritually this this this parallel is

1377

00:56:46,230 --> 00:56:44,559

there

1378

00:56:47,750 --> 00:56:46,240

in many different ways for those that

1379

00:56:48,150 --> 00:56:47,760

don't believe can you go into just a

1380

00:56:50,870 --> 00:56:48,160

quick

1381

00:56:53,990 --> 00:56:50,880

uh bit of that and then into um where

1382

00:56:56,470 --> 00:56:54,000

people can keep up with you

1383

00:56:59,030 --> 00:56:56,480

whoa well okay well you you ask an

1384

00:57:01,670 --> 00:56:59,040

enormous question at the last moment

1385

00:57:03,510 --> 00:57:01,680

the idea of proportion and you know

1386

00:57:04,710 --> 00:57:03,520

sacred spaces and religion and

1387

00:57:08,150 --> 00:57:04,720

connection with music

1388

00:57:11,910 --> 00:57:08,160

is is a very big thing i will i will say

1389

00:57:12,870 --> 00:57:11,920

one thing about that proportion is a

1390

00:57:14,789 --> 00:57:12,880

holy thing

1391

00:57:16,470 --> 00:57:14,799

we know that from if you're if you're

1392

00:57:18,309 --> 00:57:16,480

energy sensitive at all and you go into

1393

00:57:19,750 --> 00:57:18,319

a cathedral which has been built with

1394

00:57:21,030 --> 00:57:19,760

beautiful proportions

1395

00:57:24,829 --> 00:57:21,040

you can feel it around you almost

1396

00:57:27,750 --> 00:57:24,839

instantaneously um

1397

00:57:31,910 --> 00:57:27,760

music in its

1398

00:57:34,950 --> 00:57:31,920

old form was much more

1399

00:57:36,789 --> 00:57:34,960

involved in those proportions one of the

1400

00:57:40,630 --> 00:57:36,799

things that's happened in the last

1401

00:57:42,390 --> 00:57:40,640

120 years is that this thing that we

1402

00:57:43,910 --> 00:57:42,400

in the west we all do now which is to

1403

00:57:46,549 --> 00:57:43,920

play our music in

1404

00:57:48,230 --> 00:57:46,559

equal temperament that is the tuning

1405

00:57:51,589 --> 00:57:48,240

system that we use

1406

00:57:55,990 --> 00:57:51,599

where we subdivide uh an octave

1407

00:57:59,829 --> 00:57:56,000

into 12 equal steps 12 equal notes

1408

00:58:01,910 --> 00:57:59,839

this thing this this practice that we do

1409

00:58:03,910 --> 00:58:01,920

we we do simply because it's a beautiful

1410

00:58:05,990 --> 00:58:03,920

convenience it means that we can

1411

00:58:07,589 --> 00:58:06,000

fit harmonies together like you can fit

1412

00:58:09,349 --> 00:58:07,599

tetris blocks together

1413

00:58:11,910 --> 00:58:09,359

and they always tessellate that's the

1414

00:58:16,150 --> 00:58:11,920

only reason that we do it

1415

00:58:18,789 --> 00:58:16,160

but this practice of um dividing

1416

00:58:20,630 --> 00:58:18,799

the octave equally by 12 which we have

1417

00:58:22,549 --> 00:58:20,640

been almost exclusively doing for the

1418

00:58:26,230 --> 00:58:22,559

last 120 years

1419

00:58:30,789 --> 00:58:26,240

is actually banishing from our music

1420

00:58:34,789 --> 00:58:30,799

the accuracy of what you might call

1421

00:58:35,589 --> 00:58:34,799

sacred proportions sacred proportions do

1422

00:58:38,950 --> 00:58:35,599

exist

1423

00:58:42,309 --> 00:58:38,960

they do have measurable effects

1424

00:58:45,910 --> 00:58:42,319

on nature the golden section is the very

1425

00:58:49,990 --> 00:58:49,030

but proportions do exist and in music

1426

00:58:52,150 --> 00:58:50,000

older

1427

00:58:53,349 --> 00:58:52,160

uh than the 19th than the end of the

1428

00:58:55,349 --> 00:58:53,359

19th century

1429

00:58:57,750 --> 00:58:55,359

the if you follow it back you find that

1430

00:58:59,829 --> 00:58:57,760

music becomes more and more involved

1431

00:59:01,430 --> 00:58:59,839

in its tuning systems in pure

1432

00:59:05,750 --> 00:59:01,440

proportions

1433

00:59:09,190 --> 00:59:05,760

and it is this

1434

00:59:12,309 --> 00:59:09,200

removal of

1435

00:59:16,069 --> 00:59:12,319

that very subtle background of change

1436

00:59:18,309 --> 00:59:16,079

that non-equal tunings would give you

1437

00:59:20,230 --> 00:59:18,319

it's you know as i've been banging on

1438

00:59:24,150 --> 00:59:20,240

about it's it's another

1439

00:59:27,990 --> 00:59:24,160

element of music that's been ironed flat

1440

00:59:30,549 --> 00:59:28,000

recently and because of this it now

1441

00:59:32,309 --> 00:59:30,559

no longer in most music contains

1442

00:59:33,589 --> 00:59:32,319

anything that could be called the pure

1443

00:59:36,069 --> 00:59:33,599

proportion

1444

00:59:37,990 --> 00:59:36,079

so imagine that cathedral that gives you

1445

00:59:40,069 --> 00:59:38,000

that buzz when you walk into it

1446

00:59:41,829 --> 00:59:40,079

and move all the walls so that they're

1447

00:59:43,510 --> 00:59:41,839

four or five percent off from their

1448

00:59:44,309 --> 00:59:43,520

place and everything's a little wonky

1449

00:59:46,710 --> 00:59:44,319

and just

1450

00:59:48,309 --> 00:59:46,720

not as it was and you find the place

1451

00:59:50,950 --> 00:59:48,319

won't feel the same anymore

1452

00:59:53,109 --> 00:59:50,960

well the same is going on in music and

1453

00:59:56,789 --> 00:59:53,119

it has been for a long time now

1454

01:00:00,230 --> 00:59:56,799

and there is a underground swell

1455

01:00:03,270 --> 01:00:00,240

of musicians who call themselves

1456

01:00:04,870 --> 01:00:03,280

zen harmonists meaning people who work

1457

01:00:07,030 --> 01:00:04,880

with harmony that is

1458

01:00:09,190 --> 01:00:07,040

foreign that's all that zen means yeah

1459

01:00:11,190 --> 01:00:09,200

alien what they mean by that is

1460

01:00:12,630 --> 01:00:11,200

it's not 12 tone equal temperament we're

1461

01:00:14,710 --> 01:00:12,640

doing something different

1462

01:00:16,950 --> 01:00:14,720

there is a ground swell of it going on

1463

01:00:20,150 --> 01:00:16,960

in the world at the moment people using

1464

01:00:21,349 --> 01:00:20,160

what's called just intonation or 31 tone

1465

01:00:24,630 --> 01:00:21,359

equal temperament or

1466

01:00:26,789 --> 01:00:24,640

whatever other experimental and

1467

01:00:28,390 --> 01:00:26,799

historically well-known tuning systems

1468

01:00:31,990 --> 01:00:28,400

there are

1469

01:00:34,190 --> 01:00:32,000

and it's being kept at bay

1470

01:00:35,910 --> 01:00:34,200

by the

1471

01:00:39,270 --> 01:00:35,920

[Music]

1472

01:00:42,710 --> 01:00:39,280

sheer proportion of music

1473

01:00:44,950 --> 01:00:42,720

which is horribly ironed out into 12

1474

01:00:46,470 --> 01:00:44,960

tone equal temperament and because of

1475

01:00:48,069 --> 01:00:46,480

this

1476

01:00:52,230 --> 01:00:48,079

well i'm losing my thread slightly here

1477

01:00:57,430 --> 01:00:55,430

i can see the end of a time

1478

01:00:58,549 --> 01:00:57,440

when those proportions were banished

1479

01:01:00,549 --> 01:00:58,559

from music

1480

01:01:01,670 --> 01:01:00,559

there is music coming and it is part of

1481

01:01:06,150 --> 01:01:01,680

my

1482

01:01:09,030 --> 01:01:06,160

this world to bring back

1483

01:01:09,990 --> 01:01:09,040

into our culture holy proportion in

1484

01:01:12,710 --> 01:01:10,000

music

1485

01:01:14,950 --> 01:01:12,720

and the truly startling effects that it

1486

01:01:19,589 --> 01:01:14,960

can have

1487

01:01:22,150 --> 01:01:19,599

wow it is so amazing such an amazing

1488

01:01:23,829 --> 01:01:22,160

subject and you you're so knowledgeable

1489

01:01:26,309 --> 01:01:23,839

of it simon

1490

01:01:27,990 --> 01:01:26,319

where can our listeners uh go to your

1491

01:01:30,870 --> 01:01:28,000

gofundme can you also give us your

1492

01:01:34,069 --> 01:01:30,880

website and where they can follow you

1493

01:01:35,589 --> 01:01:34,079

okay um i won't send them to my gofundme

1494

01:01:39,270 --> 01:01:35,599

now because that's

1495

01:01:41,430 --> 01:01:39,280

that's finishing off but i'm uh

1496

01:01:42,470 --> 01:01:41,440

i have a single page website at the

1497

01:01:44,150 --> 01:01:42,480

moment despite

1498

01:01:46,230 --> 01:01:44,160

everything i'm saying and i sound ready

1499

01:01:48,470 --> 01:01:46,240

to help people with this

1500

01:01:51,349 --> 01:01:48,480

uh my my website is actually not quite

1501
01:01:55,150 --> 01:01:51,359
ready yet so i have a single page there

1502
01:01:59,430 --> 01:01:57,029
theconsciousmusicschool.com

1503
01:02:00,789 --> 01:01:59,440
and if you go there you can put your

1504
01:02:03,270 --> 01:02:00,799
name and email in

1505
01:02:05,670 --> 01:02:03,280
and i will send you an email as soon as

1506
01:02:08,870 --> 01:02:05,680
the website is more fully functional

1507
01:02:10,710 --> 01:02:08,880
and i have things to show you uh in the

1508
01:02:14,309 --> 01:02:10,720
meantime if you want some

1509
01:02:15,670 --> 01:02:14,319
um more understanding of the kinds of

1510
01:02:18,470 --> 01:02:15,680
things that i teach

1511
01:02:19,589 --> 01:02:18,480
you can find the conscious music school

1512
01:02:22,710 --> 01:02:19,599
as a channel

1513
01:02:25,490 --> 01:02:22,720

on youtube and on minds.com

1514

01:02:27,430 --> 01:02:25,500

and on bit shoot

1515

01:02:29,109 --> 01:02:27,440

[Music]

1516

01:02:31,109 --> 01:02:29,119

great stuff and that's where that's

1517

01:02:34,230 --> 01:02:31,119

where i saw your great stuff

1518

01:02:35,589 --> 01:02:34,240

amazing the parallels and everything

1519

01:02:37,270 --> 01:02:35,599

that you've done your research is

1520

01:02:38,870 --> 01:02:37,280

fascinating and

1521

01:02:42,069 --> 01:02:38,880

i i can't wait to talk to you again

1522

01:02:43,670 --> 01:02:42,079

simon thanks so much for coming on

1523

01:02:45,510 --> 01:02:43,680

it's been a really fun conversation i'd

1524

01:02:47,670 --> 01:02:45,520

love to talk to you again very soon

1525

01:02:49,109 --> 01:02:47,680

all next time all the best my man take

1526

01:02:53,910 --> 01:02:49,119

care bye-bye

1527

01:02:57,349 --> 01:02:53,920

bye-bye there you have it guys

1528

01:02:59,829 --> 01:02:57,359

simon sidle go over

1529

01:03:00,630 --> 01:02:59,839

and check out what he's got going on

1530

01:03:03,670 --> 01:03:00,640

it's

1531

01:03:04,950 --> 01:03:03,680

absolutely amazing the research the

1532

01:03:08,069 --> 01:03:04,960

familiarity

1533

01:03:12,230 --> 01:03:08,079

and the goals that he set him

1534

01:03:14,950 --> 01:03:12,240

self for himself to help us all realize

1535

01:03:16,470 --> 01:03:14,960

how important this is and it's not just

1536

01:03:19,750 --> 01:03:16,480

music

1537

01:03:21,829 --> 01:03:19,760

support him and definitely

1538

01:03:23,029 --> 01:03:21,839

support yourself and your health and

1539

01:03:25,510 --> 01:03:23,039

your well-being

1540

01:03:26,309 --> 01:03:25,520

until next time keep your eyes to the

1541

01:03:28,470 --> 01:03:26,319

skies

1542

01:03:33,770 --> 01:03:28,480

feet on the ground but don't forget to